

# **CURRICULUM-VITAE**

**Dr. Lokesh Gupta**  
**Associate Professor,**  
**Department of Psychology,**  
**University of Patanjali, Haridwar**

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## **Brief Profile:**

I am **Dr. Lokesh Gupta**, currently serving as an **Associate Professor at the University of Patanjali, Haridwar**, since July 2025. With over a decade of experience in teaching and research, I have had the privilege of contributing to several esteemed institutions, including the Defence Institute of Psychological Research (DRDO) under the Ministry of Defence, IIT Delhi, ETS Assessment Services Pvt. Ltd., Kendriya Vidyalayas (KVs), Government PG College, SGT University, and Amity University. Throughout my academic journey, I have developed a strong foundation in psychometrics and psychological research, which continues to shape my scholarly and professional pursuits.

Throughout my career, I have supervised many students, including more than 90 undergraduate and postgraduate dissertations and master's research projects. Additionally, two of my students have successfully completed their PhD theses under my guidance, which is a testament to my commitment to mentoring and fostering academic growth.

My contributions to the field extend beyond supervision. I have authored a textbook and contributed three book chapters published by well-respected publishers such as Routledge, Sage, and Pearson. Moreover, I have published 17 research articles in internationally and nationally indexed or refereed journals. These publications underscore my dedication to advancing knowledge in the field of psychometrics.

My primary research interest is the development of psychological tests. I am deeply committed to the scientific method and ensure that my work adheres to the highest standards of rigor and reliability. This dedication to scientific excellence is evident in all my professional endeavors.

My career is characterized by teaching, research, and practical application of psychological principles. I am dedicated to advancing the field of psychometrics and making meaningful contributions through both academic and applied research.

## **Academic Profile:**

<b>Academic Records</b>	<b>University /Board</b>	<b>Year of Passing Session</b>	<b>Marks in %</b>
Four Months eCourse in Clinical Research Methods (Elearning)	Indian Institute of Public Health-Delhi, PHFI	April 2024	Grade "A"
PhD in Psychology*	M. D. University, Rohtak	<b>Date of Notification:11-03-2015</b>	
M.Phil. in Psychology **	M. D. University, Rohtak	2011	68.57%
Post Graduate Diploma in Guidance & Counselling	M. D. University, Rohtak	2010	65.50%
Post Graduation (Psychology)	M. D. University, Rohtak	2008	63.20%
Graduation	M. D. University, Rohtak	2006	60.33%

\*Title of PhD "Predictive validity of psychological preparedness and its moderators for task outcome."

\*\*Topic of Dissertation "Psychological preparedness: construct refinement & test construction."

## Subject Taught:

### M.Sc. (CP), M.A. (CP) & M.A. (AP)

1. Psychometrics
2. Parametric Statistical Method
3. Non-Parametric Statistical Methods
4. Research Methods in Applied Psychology

### B.Sc. (C.P.) & B.A. (AP)

1. Psychometric Testing
2. Advanced Statistics
3. Elementary Statistics
4. Psychological Practical

## Experience:

- I have been serving as an **Associate Professor** in the Department of Psychology at the **University of Patanjali, Haridwar**, from **02 July 2024** to the present.
- I worked as a **Senior Manager – Assessment Research** at **ETS Assessment Services, India**, from **03 July 2020 to 30 June 2024**.
- I served at the **Amity Institute of Behavioral and Allied Sciences, Amity University, Gurugram**, from **07 February 2019 to 02 July 2024**. During this period, I held the position of **Assistant Professor-I** until **31 May 2023** and was subsequently promoted to **Assistant Professor-II**, a role I held from **01 June 2023 to 02 July 2024**.
- I worked as an **Assistant Professor-I** in the Department of Clinical Psychology, **Faculty of Behavioral Sciences, SGT University, Gurugram**, from **12 September 2017 to 06 February 2019**.
- I worked as a **Research Associate** at the **Defence Institute of Psychological Research (DIPR), Defence Research and Development Organization (DRDO)**, Ministry of Defence, Delhi, from **30 October 2015 to 11 September 2017**.
- I worked as an **Extension Lecturer** at **Government Post Graduate Nehru College, Jhajjar (Haryana)**, during two periods: **August 2014 to April 2015**, and **August 2015 to October 2015**.
- I worked as a **School Counsellor** at **Kendriya Vidyalaya, Pushp Vihar, New Delhi**, from **10 September 2013 to 28 February 2014**.
- I worked as a **Junior Project Assistant** in the Department of Humanities & Social Sciences, **IIT Delhi**, from **13 August 2012 to 12 October 2012**.
- I worked as a **Research Investigator** at the **Defence Institute of Psychological Research (DIPR), DRDO, Ministry of Defence, Delhi**, from **21 December 2009 to 30 September 2010**.

## Administrative Responsibility:

- **Treasurer**, 8th Asian CBT Congress, to be held from **28th February to 3rd March 2024** at **AIIMS, New Delhi**.
- **PhD Coordinator** (July 2022 to June 2024), **Amity Institute of Behavioral and Allied Sciences, Amity University Haryana**.
- **Examination Coordinator** (Jan 2023 to June 2024), **Amity Institute of Behavioral and Allied Sciences, Amity University Haryana**.
- **Departmental Research Committee Coordinator** (July 2022 to June 2024), **Amity Institute of Behavioral and Allied Sciences, Amity University Haryana**.
- **Learning Management System (LMS), Amizone, and MS Team coordinator** (March 2020 to June 2024) for **Amity Institute of Behavioural & Allied Sciences, Amity University Haryana**.
- **AMifest Coordinator** (July 2023 to June 2024), **Amity Institute of Behavioral and Allied Sciences, Amity University Haryana**.

## Publications Profile:

### Research Papers Publications

1. Khurana, R., Kumar, N., & **Gupta, L.** (2024). Impact of COVID-19 Vaccination on Menstrual Cycle, Quality of Life and Perception on Fertility: A Mixed Methods Study of Women in Delhi-NCR. *South Eastern European Journal of Public Health*, 391–402. <https://doi.org/10.70135/seejph.vi.1698>.
2. Poduval, G.M. & **Gupta, L.** (2024). To Study the Impact of Sleep on Attention Among College Students. *International Journal of Indian Psychology*, 12(3), 2978-2987. DIP:18.01.288.20241203, DOI:10.25215/1203.288.
3. Khurana, R., Kumar, N., & **Gupta, L.** (2023). Air Pollution as a Risk for Mental Health Problems: An Exploratory Study of Direct and Indirect Pathways. *European Economic Letters (EEL)*, 13(5), 131-141. <https://www.eelet.org.uk/index.php/journal/article/view/737>.
4. Yadav, C., & **Gupta, L.** (2023). Role of Age, Education, and Marital Status on Family environment among adults. *International Journal of Science and Social Science Research (IJSSSR)*, 1(2), 226-230. ([Link](#))
5. Gyanender & **Gupta, L.** (2023). Need of CBT & Mindfulness in Schools for Resolving Behavioural Problems in Adolescents. *International Journal of Indian Psychology*, 11(1), 1175-1181.
6. Khurana, R., **Gupta, L.**, & Kumar, N. (2022) Development and standardization of a COVID-19 Vaccination Anxiety scale for Adult Urban Indian Population (CVAS-A). *Human vaccines & immunotherapeutics*, 1-7. <https://doi.org/10.1080/21645515.2022.2059307> Impact Factor 4.8 (2022)
7. Singh A., & **Gupta L.** (2022). Identifying the factors of self-concept and the effect of the COVID-19 situation on these factors. *Humanities and Social Science Studies*, 11 (1), 22-34. ISSN 2319-829X.
8. Ahuja H.S., Jaiswal S., & **Gupta L.** (2021). Development of Stems for a Situational Judgement Test based measure to assess the propensity of Road Rage in Indian Drivers. *Humanities and Social Science Studies*, 10 (2), 125-136. ISSN 2319-829X.
9. Manglani A., Jain K., & **Gupta L.** (2021). Internet Addiction: A predictive role of contextual factors for Indian adolescents. *Humanities and Social Science Studies*, 10 (2), 53-62. ISSN 2319-829X.
10. Dahiya U. & **Gupta L.** (2021). Role of Resilience and Self-Esteem in Determining Sports Performance. *International Journal of Indian Psychology*, 9(4), 1647-1654. DIP:18.01.158.20210904, DOI:10.25215/0904.158
11. Mahalwal A., Tanwar K. C. & **Gupta L.** (2021). Relationship between Sexual Attitude, Quality of Life and Couple Satisfaction in Unmarried Young Adults. *International Journal of Indian Psychology*, 9(4), 2303-2310. DIP:18.01.215.20210904, DOI:10.25215/0904.215

12. Sharma, A., & **Gupta, L.** (2021). Effectiveness of Progressive Muscle Relaxation Technique on Sleep Quality among board appearing students during COVID-19. *Indian journal of psychology & education*, 11(2), 31-35. ISSN -2231-1432
13. **Gupta, L.**, Malik, A., & Singh, R. (2016). Construct of Psychological Preparedness and its Correlates. *International Journal of Indian Psychology. Volume-3, Issue-2, No.-8*, 73-79. ISSN: 2349-3429 (Print), ISSN: 2348-5396 (Online).
14. **Gupta, L.** (2015). मनोविज्ञानिक और सकारात्मक समाजिक परिवर्तन. *International Research Journal of Management Sociology & Humanities*.6 (10), 197-203. ISSN 2277 – 9809 (online) ISSN 2348 - 9359 (Print) (**UGC Listed Journals-48312**)
15. **Gupta, L.** & Singh, R. (2015). Factor structure of Unrealistic optimism. *International Research Journal of Management Science and Technology*, 6 (9), 109-114. ISSN: 2250 – 1959 (online) ISSN 2348 – 9367 (Print) (**UGC Listed Journals-47959**)
16. **Gupta, L.**, Malik, A., & Singh, R. (2014). A Measure of Psychological Preparedness: IRT Based Analysis. *Indian journal of psychology & education*, 4(2), 126-134. ISSN -2231-1432
17. **Gupta, L.**, & Singh, R. (2011). Impact of family type on Resilience. *Indian Journal of Positive Psychology*. 2(1), 17-20. ISSN 2229-4937 (**4\* Citation**).

#### **Book Chapters**

1. Singh, R., **Gupta, L.**, & Chhabra, D. (2021). Positive Deviance: Use Phenomenon in Vulnerability to Depression. In Nandita Babu, Anand Prakash & Ishita U. Bharadwaj (Eds.). *Understanding Vulnerabilities in Contemporary Society: Psychological Insights and Reflections*. (pp. 168-178). SAGE Publication India. ISBN: 978-93-91370-85-5.
2. Singh, R., & **Gupta, L.** (2017). Psychological Preparedness, Combat Performance and Resilience. In Updesh Kumar (Eds.). *The Routledge International Handbook of Psychosocial Resilience*. (pp. 451-463). U. K. Routledge ISBN: 978-1-13-895487-8.
3. Singh, R. & **Gupta, L.** (2015). Resilience: Relevance to military context. In Updesh Kumar, Archana & Vijay Prakash (Eds.). *Positive Psychology: Applications in Work, Health and Well-Being* (pp.148-162). Pearson education. ISBN-10: 9332541310, ISBN-13: 978-9332541313

#### **Books Publications**

1. Singh, R., Shyam, R., & **Gupta, L.** (2015). *Fundamental Statistics for Social Sciences*, Intellectual Foundation (India). ISBN: 978-93-81818-32-9

#### **Provide Consultancy:**

- Developed psychological assessment framework named [MONEY SIGN](#) for 1 Finance Private Limited.

## Awards:

- Runner up for the **Bharat Panchal Award (2020) for Excellence in Psychological Research.**
- Securing **2<sup>nd</sup> Position in the category “Best Educative Project” (Career Orientation)** Synergy 2018 at SGT University on 10<sup>th</sup> -12<sup>th</sup> October 2018.
- Awarded Dr. S. Radhakrishnan **Postdoctoral Fellowship (PDF)** in Humanities and Social Sciences (including languages) for the year 2015-16 by the **University Grant Commission** (Not availed).
- **4<sup>th</sup> Rank** in the National Level Essay Competition (2013) conducted by **NIMHANS, Bangalore.**
- **Best Paper Award** (2013) for presenting a paper at a National conference organized by the Department of Psychology, **Banaras Hindu University, Varanasi.**
- **University Research Scholarship** (URS) award, meritorious position (2011) for Ph.D by Maharshi Dayanand University, Rohtak.

## Invited lectures and Curriculum design:

- Chaired an Open Paper Session on “Efficacy of third wave CBT approaches & way forward on 1st March 2024 at the 8th Asian CBT Congress organized by the Indian Association for CBT (IACBT) on behalf of the Asian Cognitive Behavioural Therapies Association (ACBTA) at the All India Institute of Medical Sciences (AIIMS), New Delhi from 28th February to 3rd March 2024.
- Developed the programme structure, curriculum, and examination scheme for the **Postgraduate Diploma in Psychometric Testing (PGDPT)** and the **Certificate Course in Psychometric Testing (CPT).**
- Invited lecture on “**Personality Development**” dated 23<sup>rd</sup> February 2024 at Government College Jatusana, Rewari
- Invited lecture on “**Personality Development**” dated 26<sup>th</sup> March 2023 at Government College Jatusana, Rewari.
- Chief Resource Person for **Skills Training on Research Method on Statistics & Statistical Package for Social Sciences (SPSS)**, organized by Amity School of Liberal Arts, Amity University Haryana, from 21<sup>st</sup> to 25<sup>th</sup> November 2022.
- Invited speaker on “**The crucial element to Personal Finance: Behavioural Psychology**” organized by 1Finance Pvt. Ltd., dated 3<sup>rd</sup> October 2022.
- Conducted the **6<sup>th</sup> online Skills Training Program on Statistics and SPSS** as a **Resource Person**, organized by Heera Psychological Testing, Research & Consultancy Pvt. Ltd. (HPTRC) from 10<sup>th</sup> to 12<sup>th</sup> February 2022.

- Delivered **twenty lectures on various statistics topics** as a *Resource Person*, organized by Heera Psychological Testing, Research & Consultancy Pvt. Ltd. (HPTRC) from 5<sup>th</sup> June to 5<sup>th</sup> August 2021.
- Conducted Online **3-day SPSS workshop** as a *Resource Person*, organized by Ascend Psycare from 11<sup>th</sup> to 13<sup>th</sup> June 2021.
- Conducted Online training session on “**Reviewing Literature: Steps and procedures,**” organized by Ascend Psycare on 28<sup>th</sup> Feb 2021.
- Conducted the **5<sup>th</sup> online Skills Training Program on Statistics and SPSS** as a *Resource Person*, organized by Heera Psychological Testing, Research & Consultancy Pvt. Ltd. (HPTRC) from 9<sup>th</sup> to 11<sup>th</sup> April 2021.
- Invited as **Resource Person** in “**One Week National Online Faculty Development Program**” dated 10<sup>th</sup> and 12<sup>th</sup> Oct. 2020, jointly organized by Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT) of MHRD, Heera Psychological Testing, Research & Consultancy Pvt. Ltd. and FGM Govt. College, Adampur, Hisar.
- Invited lecture on “**Happiness and well-being during COVID-19**” dated 13<sup>th</sup> June 2020 at the Faculty of Humanities and Applied Sciences, Shri Vishwakarma Skill University, Haryana.
- Invited lecture on “**Regression Analysis and Factor Analysis: An Introduction**” dated 22<sup>nd</sup> February 2020 at the Department of Psychology, Mohanlal Sukhadia University, Udaipur, Rajasthan.
- Invited lecture on “**How to get entry in defence service**” dated 25<sup>th</sup> February 2020 at Department of Psychology, Mohanlal Sukhadia University, Udaipur, Rajasthan.
- Conducted **2nd Skills Training Program on Statistics and SPSS** as a *Resource Person*, organized by Alleviate Cognitive Behavioural Therapy & Research Institute (ACBTRI) and Heera Psychological Testing, Research & Consultancy Pvt. Ltd. (HPTRC) from 20<sup>th</sup> to 22<sup>nd</sup> December 2019 held in Chattarpur, South Delhi.
- Conducted **Level-1 of the Skills Training Program on Statistics and SPSS** as a *resource person*, organized by Alleviate Cognitive Behavioural Therapy & Research Institute (ACBTRI) and Heera Psychological Testing, Research & Consultancy Pvt. Ltd. (HPTRC) on 7<sup>th</sup> and 8<sup>th</sup> September 2019 held in Chattarpur, South Delhi.
- Conducted **Level-2 of the Skills Training Program on Statistics and SPSS** as a *resource person*, organized by Alleviate Cognitive Behavioural Therapy & Research Institute (ACBTRI) and Heera Psychological Testing, Research & Consultancy Pvt. Ltd. (HPTRC) on 14<sup>th</sup> and 15<sup>th</sup> September 2019 held in Chattarpur, South Delhi.
- Conducted **Level-3 of the Skills Training Program on Statistics and SPSS** as a *resource person*, organized by Alleviate Cognitive Behavioural Therapy & Research Institute (ACBTRI) and

Heera Psychological Testing, Research & Consultancy Pvt. Ltd. (HPTRC) on 21<sup>st</sup> and 22<sup>nd</sup> September 2019 held in Chattarpur, South Delhi.

- Invited lecture on **“Career Orientation”** dated 27 July 2018 at the State University of Performing and Visual Arts (SUPVA), Rohtak.
- Developed soft skills curriculum (*Interests and Vocational Choices & Employability: Understanding Career objectives*) for the State University of Performing and Visual Arts (SUPVA), Rohtak

### **Presentation at International and National Seminars/ Conferences:**

- At a Two-Day ICSSR-sponsored National Seminar on Revamping Indian Tradition and Culture through NEP 2020: Multilingual, Multicultural & Multidisciplinary Mode of Education, Organized by the Department of Humanities and Social Sciences, IIT Roorkee, Haridwar, Uttarakhand, entitled **“Examining the Effectiveness of Intervention in Reducing Statistics Anxiety”** Dated 18-19<sup>th</sup> August 2023.
- At Ahmedabad University, Ahmedabad. Symposium Presentation on **Theme: Technology and Artificial Intelligence (AI) in Reshaping Psychometric Assessments in 21st Century.** Dated March 3-5, 2023. (Convention of the National Academy of Psychology (NAOP))
- At SGT University, Gurugram. Symposium Presentation on **Theme: Rising Burden of Psycho-social Distress: Need for Transdisciplinary CBT Interventions** Dated: 27-29<sup>th</sup> September 2018. (*International Conference on Cognitive Behavioral Interventions-ICCBI 2018 Organised by: Faculty of Behavioral Sciences, SGT University and Indian Association for Cognitive Behaviour Therapy (IACBT)*)
- At Banasthali Vidyapith, entitled **“Age, Resilience and Future Orientation as Predictors of Academic Achievement,”** Dated 18-19 August 2018. (*National Conference on Adolescent’s Behavior: Care Vs Concern, Sponsored by: ICSSR*)
- At 25<sup>th</sup> Silver Jubilee Convention National Academy of Psychology (NAOP) – India. Entitled **“Construct Validity of Psychological Preparedness”** Dated 2-5 Feb., 2016.
- At Banaras Hindu University (BHU), Varanasi, the subject was **“Psychological Preparedness Inventory: Its Application in Counselling.”** Dated 27-28 Feb. 2013.
- At Defence Institute of Psychological Research, DRDO, Delhi, entitled **“Psychological Preparedness: Construal and its personality correlates.”** Dated 10-12 March 2011.
- At Amity University, Rajasthan, entitled **“Impact of family type on Resilience.”** Dated 6-8 Aug., 2010.
- At M.D. University, Rohtak, entitled **“General Health and Coping Strategies In Relation To Health Locus of Control: - A Study Amongst University Students.”** Dated 1-2 Feb. 2008.

## Volunteering:

- Worked as a research volunteer in the DST Project *"Construct Validation of Cognitive Preparedness,"* sanctioned under the Cognitive Science Research Initiative by the Department of Science and Technology, India. (Sanction letter- SR/CSRI/40/2014(G)).
- Actively assisting in developing and conducting workshops on *"Resilience Building, Positive Psychology & Disaster Management"* for Defence service personnel and University teachers/students.
- National Service Scheme volunteer in the cleaning of the *230-year-old Heritage Monument "Rao Tejs Sarover Complex" (Bara Talab)* of Rewari.

## Personal Details:

- Date of Birth : 02 Oct, 1985
- Father's Name : Shri Ghanshyam Dass Gupta
- Mother's Name : Smt. Tara Devi
- Marital Status : Married
- Language : Hindi and English
- Hobbies : Observing human behavior, discussion on social phenomenon and Reading.
- Strength : *Open to new ideas, pleasant temperament, Maintains confidence in stressful situations, Keenness for upgrading and sharing knowledge, Positive attitude, Cooperative behavior, Hard-working.*
- Weakness : Extremely helping nature.
- Address : House No. - 7625/i, A,  
Opposite Main Water Supply, Delhi Road  
Rewari – 123401, (Haryana) INDIA  
Email id: [lokesh021085@gmail.com](mailto:lokesh021085@gmail.com)

## Professional Network Profile:

- LinkedIn : [Dr. Lokesh Gupta](#)
- Researchgate : [Lokesh Gupta](#)
- Google Scholar : [Lokesh Gupta](#)
- Youtube : [Dr. Lokesh Gupta](#)
- Scopus Id : [57670124500](#)
- ORCID: [0000-0002-0279-9923](#)
- WoS ResearcherID: [CAF-4580-2022](#)
- Google Scholar Id : [yV\\_3cg4AAAAJ](#)

## Computer Skills:

- Knowledge of using SPSS, STATISTICA and Xcalibre 4.1.8. (*IRT item parameter calibration*).



### Participation in Training/Workshops/Seminars/Conferences:

- Attended more than 25 workshops, seminars, conferences, CME, and panel discussions (List attached).

### Extra Achievements:

- Participation in “Live Radio Debates” on Social Issues.

### Name of the Referees:

- **Prof. Rajbir Singh**, Adjunct Faculty, Chaudhry Ranbir Singh Institute of Social and Economic Change, Maharshi Dayanand University, Rohtak. Mobile:-09416380748 e-mail id: [rajbirsinghmdu@gmail.com](mailto:rajbirsinghmdu@gmail.com)
- **Dr. Arunima Gupta**, Retired form Director, Scientist-G, Defence Institute of Psychological Research (DIPR), Defence Research and Development Organization (DRDO), Ministry of Defence, Lucknow Road, Timarpur, Delhi – 110054. Contact no:- 9818586448 e-mail id: [arunimagupta@dipr.drdo.in](mailto:arunimagupta@dipr.drdo.in)
- **Dr. Rajesh Nair, Director (Projects)**, Public Health Foundation of India (PHFI), House No. 60, 4th Floor, Lane 2, Part of Saidulajab Extension, Near Saket Metro Station Gate No. 2, New Delhi – 110030 Mobile No. 9818885803, Email: [rajesh.nair@phfi.org](mailto:rajesh.nair@phfi.org)

### Declaration:

- I declare that the preceding information is correct and complete to my knowledge and belief, and nothing has been concealed/ distorted.

**Date : 18<sup>th</sup> July 2025**

**Place: Rewari (Haryana)**

**(Dr. Lokesh Gupta)**

### **Refresher course, CRE, Training, workshops, seminars, conferences, etc.**

1. Completed one day workshop program on **Entrepreneurship Essentials** on 17<sup>th</sup> May 2025 at Indian Institute of Technology, Delhi organized by World Technocon facilitated & supported by Academic Outreach and New Initiatives, IIT-Delhi.
2. Participated in the “**Digital Technologies in Healthcare Delivery: Enablers and Policy Implications**” workshop organized by Rajendra Mishra School of Engineering Entrepreneurship IIT Kharagpur from 27th-28th August 2022.
3. Completed **UGC-Sponsored Refresher Course in Psychology and obtained an ‘A’ grade from the Human Resource Development Centre, Punjabi University, Patiala**, from 10th-23rd March 2022.
4. Completed the peer review course by Research Academy Elsevier's e-learning resources on 24<sup>th</sup> January 2022.
5. completed **Fundamentals of Peer Review Course by Research Academy Elsevier e-learning resources** on 23<sup>rd</sup> January 2022.
6. Completed **Becoming a Peer Reviewer Course by Research Academy Elsevier e-learning resources** on 22<sup>nd</sup> January 2022.
7. Completed **Certified Peer Reviewer Course by Research Academy Elsevier e-learning resources** on 20<sup>th</sup> January 2022.
8. Participated in **Three Day Online National Workshop on “Psychological Instruments Handling and Operation”** organized by Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT) of MHRD from 7th-9th August 2020.
9. Participated in the Faculty Development Programme on “**Psychological and Tele-Therapy: Clinical Applications**” organized by Amity University Haryana, Gurugram, dated 3<sup>rd</sup> January 2020.
10. Three Days Continuing Rehabilitation Education (CRE) Program on “**Promotion of Mental Health in School Setting**” from 29th to 31st August 2019 Organized by the Department of Psychology, Faculty of Behavioral Sciences, SGT University, Gurugram.
11. “**One-Day Author workshop**” organized by Vivekananda Library, Maharshi Dayanand University, Rohtak, in association with Elsevier India, Dated November 18, 2016.
12. The three-day National workshop on “**Sample Surveys and Data Analysis (Using Software-SPSS, MINITAB and R)**” was organized by the Department of Statistics, M.D. University, Rohtak & Indian Association for Reliability & Statistics (IARS). Dated June 13-15, 2016

13. Two-day National workshop-cum-seminar ***“Health, Hygiene and Sanitation”*** sponsored by IRCS Haryana, organized by Youth Red Cross, Central University Haryana. Dated March 21-22, 2016.
14. Two-day workshop on ***“Structural Equation Modelling”*** Organized by the Department of Psychology and Centre of Behavioural & Cognitive Sciences (CBCS), University of Allahabad, Allahabad. 25<sup>th</sup> Silver Jubilee Convention, National Academy of Psychology (NAOP) – India, dated 2-5 February 2016.
15. One day workshop at Department of Psychology, Maharshi Dayanand University, Rohtak, entitled ***“Fulfilling aspirations: Transition from Academic to Professional Psychology”*** Dated 8<sup>th</sup> January 2014.
16. Two-day National Seminar at Banaras Hindu University, Varanasi, entitled ***“National Conference on Current Concerns & Emerging Areas of Application of Counselling,”*** Dated 27-28 February 2013.
17. Panel Discussion on the ***“Work without harassment-Right of Women”*** organized by SCSHVM, Maharshi Dayanand University, Rohtak, Dated 20<sup>th</sup> March, 2012.
18. Two-day International Conference at Jawaharlal Nehru University, New Delhi, entitled ***“International Conference on Stress: Health, Society, and Technology,”*** Dated 20-21 April 2011.
19. Two-day National Seminar at M.D.U. Rohtak entitled ***“Community Health Psychology: Research and Applications.”*** Dated 26-27 March 2011.
20. Two-day International Conference at Defence Institute of Psychological Research, DRDO, Delhi entitled ***“International Conference on Advances in Military Psychology: Soldier Preparedness”*** Dated 10-12 March 2011.
21. Three-day International Conference at Amity University Rajasthan entitled ***“Positive Psychology: A New Approach to Mental Health”*** Dated 6-8 August 2010.
22. Two-day National Seminar at M.D.U. Rohtak entitled ***“Positive Psychology & Health: Interventions & Strategies.”*** Dated 28-29 March 2010.
23. Three-day CME workshop at Institute of Human Behaviour and Allied Sciences (IHBAS), Delhi, entitled ***“Neuro-Psychological Assessment and Remediation,”*** Dated 27-29 March 2009.
24. Two-day workshop at Amity University, Noida, entitled ***“Neuropsychology, Brain Signature Profiling and Related Aspects,”*** Dated 26-27 March 2008.
25. Two-day National Seminar at M.D.U. Rohtak entitled ***“Positive Perspectives of Health and Behaviour”*** Dated 1-2 February 2008.