

## FACULTY PROFILE (2020-2021)

**Name of the Faculty** : DR. ARTI YADAV  
**Designation** : ASSISTANT PROFESSOR  
**Name of the Department/Centre of study** : YOGA SCIENCE  
**Permanent Address** : UNIVERSITY OF PATANJALI, HARIDWAR  
**Communication Address** : UNIVERSITY OF PATANJALI, HARIDWAR  
**Email id** : arti@uop.edu.in  
**Mobile No** : 9557710802  
**Aadhar Number** : 53166502806  
**PAN Number** : AIPPY9271L  
**Date of joining** : 11/04/2017  
**Work Experience** : 1 YEAR  
**Topic of Research/ Area of specialization** : RESAERCH METHODS, DIET AND NUTRUTION, AYUVEDA, NATROPATHY, COMPLEMENTARY AND ALTERNATIVE THERAPY, YOGA & PSYCHOLOGY  
**Courses Taught** : RESEARCH METHODOLOGY AND STATISICS, DIET AND NUTRUTION, COMPLEMENTARY AND ALTERNATIVE THERAPY, YOGA AND MENTAL HEALTH  
**Post Doctoral Achievements (If any)** : NIL  
**Achievements (If any)** : RESEARCH PAPERS  
**Faculty serving in** : NIL  
**Profile Summary** : DR. ARTI YADAV

### PROFORMA II

#### Research projects

Academic Year	Name of the Project	Nature of the project	Name of the funding agency	Amount	Duration	Year
NIL						

#### Awards for Innovation won by Teachers

Academic Year	Title of the innovation	Awarding Agency	Date of Award
NIL			

#### PhD's Proudced

Academic Year	Name of the scholar	Register Number	Department of the scholar	Phd registration year	Title of the Phd thesis.	Date of Award
NIL						

#### Details of ongoing Research scholars

Academic Year	Name of the scholar	Register Number	Topic	Department of the scholar	PhD Registrati on year
2020	SADHANA VERMA		Changes in Computer Vision Syndrome, Sleep Quality and Psychological Variables in Computer Users Following	YOGA SCIENCE	2017

			Yogic Visual Concentration (Trataka)		
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**Honours and recognitions received by teachers (received awards, recognition, fellowships at State, National, International level from Government, recognized bodies during the year)**

Academic Year	Year of award	Name of the award/ fellowship/recognition received from Government or recognized bodies	Type of Award
NIL			

**Awards for creative writings, patents/copy right generated**

Academic Year	Name of the Patent/copy right/creative writing	Year of publication in the reputed press	year of award
NIL			

**Consultancy project**

Academic Year	Name of the Consultancy project	Consulting/Sponsoring agency with contact details	Year	revenue generat
NIL				

**Books written during the Year**

Academic Year	Title of the book	Type	Name of the Publisher	Date of publication	ISBN
NIL					

**Chapters in Book**

Academic Year	Title of the chapter	Title of the Book	Author of the book	Publisher Name	Date of Publication	ISBN
NIL						

**Journal**

Academic Year	Title	Journal Name	Year	ISSN No	Type
2020-2021	Effect of Yajna on Total Lung Capacity & Biological Lung Age.	Gurukul Shodh Bharati	2020	0974-8830	Empirical

**Conference Proceeding**

Academic Year	Name of research paper	Conference Name	Year	ISSN/ISBN No	Type
NIL					

**Faculty participation in print and visual media**

Academic Year	Year	Title of the programme/Article	Uploaded documents
NIL			

**Details of Seminars/ Conferences/Workshops attended**

Academic Year	Year	Name of	date	Status	Level	Title of the
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		<b>seminar</b>				<b>paper</b>
NIL						

**Teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year**

<b>Academic Year</b>	<b>Year</b>	<b>Name of conference/workshop attended for which financial support provided</b>	<b>Name of the professional body for which membership fee is provided</b>	<b>Amount of support</b>	<b>Funding Agency</b>	<b>Sanction order</b>
NIL						

**Teachers attending professional development programmes, viz., Orientation programme, Refresher Course, Short Term Course, Faculty Development Programmes during the year**

<b>Academic Year</b>	<b>Name of the Programme</b>	<b>Nature of the Programme</b>	<b>Date and Duration(from)</b>	<b>Date and Duration(to)</b>
NIL				