

FACULTY PROFILE (2021-2022)

Name of the Faculty : DR. ARTI YADAV
Designation : ASSISTANT PROFESSOR
Name of the Department/Centre of study : YOGA SCIENCE
Permanent Address : UNIVERSITY OF PATANJALI, HARIDWAR
Communication Address : UNIVERSITY OF PATANJALI, HARIDWAR
Email id : arti@uop.edu.in
Mobile No : 9557710802
Aadhar Number : 53166502806
PAN Number : AIPPY9271L
Date of joining : 11/04/2017
Work Experience : 1 YEAR
Topic of Research/ Area of specialization : RESAERCH METHODS, DIET AND NUTRUTION, AYUVEDA, NATROPATHY, COMPLEMENTARY AND ALTERNATIVE THERAPY, YOGA & PSYCHOLOGY
Courses Taught : RESEARCH METHODOLOGY AND STATISICS, DIET AND NUTRUTION, COMPLEMENTARY AND ALTERNATIVE THERAPY, HUMAN SYSTEM ACCODING TO YOGA, And INTRODUCTION TO HOLISTIC HEALTH
Post Doctoral Achievements (If any) : NIL
Achievements (If any) : RESEARCH PAPERS
Faculty serving in : NIL
Profile Summary : DR. ARTI YADAV

PROFORMA II

Research projects

Academic Year	Name of the Project	Nature of the project	Name of the funding agency	Amount	Duration	Year
NIL						

Awards for Innovation won by Teachers

Academic Year	Title of the innovation	Awarding Agency	Date of Award
NIL			

PhD's Produced

Academic Year	Name of the scholar	Register Number	Department of the scholar	Phd registration year	Title of the Phd thesis.	Date of Award
NIL						

Details of ongoing Research scholars

Academic Year	Name of the scholar	Register Number	Topic	Department of the scholar	PhD Registrati on year

Honours and recognitions received by teachers (received awards, recognition, fellowships at State, National, International level from Government, recognized bodies during the year)

Academic Year	Year of award	Name of the award/ fellowship/recognition received from Government or recognized bodies	Type of Award
NIL			

Awards for creative writings, patents/copy right generated

Academic Year	Name of the Patent/copy right/creative writing	Year of publication in the reputed press	year of award
NIL			

Consultancy project

Academic Year	Name of the Consultancy project	Consulting/Sponsoring agency with contact details	Year	revenue generat
NIL				

Books written during the Year

Academic Year	Title of the book	Type	Name of the Publisher	Date of publication	ISBN
NIL					

Chapters in Book

Academic Year	Title of the chapter	Title of the Book	Author of the book	Publisher Name	Date of Publication	ISBN
2021-2022	Bhartiye Sanskriti ki Dharohar: Yog evam Ayurveda	Bhartiye Sankriti ke Vivdh Ayavama.	Sakta, K., and Nodiyal, M. (Eds.).	Mukund Publication, Delhi.	2022	ISBN No. 978- 93-92023-1.

Journal

Academic Year	Title	Journal Name	Year	ISSN No	Type
2021-2022	To Understand Yoga's effects on reverse aging in terms of telomere length and telomerase activity: A narrative review.	International Journal of Health Sciences	2022	9910-9936	A narrative review
2021-2022	Role of Yoga practices on cognitive functions: A review	International Journal of Health Sciences	2022	3288-3304	A review
2021-2022	Systematic Review on Yoga and Attention: A review.	Yoga-Mimamsa	2022	2394-2487	A review
2021-2022	Yoga for Cognitive Functions: A Review.	International Journal of Yoga and Allied Sciences	2022	2278-5159	A Review
2021-2022	Impact of Physical Activity on Central Nervous System, Neurogenesis and Brains Aging.	Journal of ReAttach Therapy and Developmental Diversities	2022	2589-7799	A Review

Conference Proceeding

Academic Year	Name of research paper	Conference Name	Year	ISSN/ISBN No	Type
NIL					

Faculty participation in print and visual media

Academic Year	Year	Title of the programme/Article	Uploaded documents
NIL			

Details of Seminars/ Conferences/Workshops attended

Academic Year	Year	Name of seminar	date	Status	Level	Title of the paper
2021-2022	2021	International conference on innovative pedagogical approaches for integration of physical education and yogic sciences in teacher education, organized by DAV University, Jalandhar	June, 21-22, 2021	Participated and presented paper	Conference	Effect of Yoga-Preksha Meditation on emotional maturity in College Going Girls
2021-2022	2021	7 TH International Yoga Week	June 15-21, 2021	Presented Lecture	Online Seminars	Color Therapy
2021-2022	2021	International Conference on Modernization of Traditional Indian Medicine: Public Health & Industrial Perspectives	August 1-4, 2022	Participation	Conference	-

Teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year

Academic Year	Year	Name of conference/workshop attended for which financial support provided	Name of the professional body for which membership fee is provided	Amount of support	Funding Agency	Sanction order
NIL						

Teachers attending professional development programmes, viz., Orientation programme, Refresher Course, Short Term Course, Faculty Development Programmes during the year

Academic Year	Name of the Programme	Nature of the Programme	Date and Duration(from)	Date and Duration(to)
NIL				