Enclosure 1.4.1 b List of Courses that Integrates Cross Cutting	Issues
Department of Yoga Science	, 100 400
2017-18	
Course Name	
oundation of Yoga	
ntroduction to Hatha Yoga and its texts	
Iuman Biology - 1	
ssence of Principle Upanishads	
atanjala Yoga Darshan	
Iuman Biology - 2	
nvironmental Studies	
ssence of Bhagvad Gita for Personality Developr	nent
Oga and Holistic Health	
Aethods of teaching yoga	
poken Sanskrit	
Basis of Yoga Therapy	
undamentals of Biochemistry	
asis of Indian Culture	
Oga and Human Consciousness	
ogic Management of Lifestyle related Disorders	
oga and Human Values	
pplied Yoga	
esearch Methodology and Statistics	
ntroduction to Yoga	
Basic Psychological Process 1	
ocial Psychology -1 ultural Tourism Resources	
dian Logic -1	
dian Logic - 2	
ndian Philosophy and Culture	
hrimadbhagvadgita	
eography for Tourism	
ntroduction to Ayurveda	
ystems and Schools of Psychology - 1	
sychological Statistics	
ndian Epistemology	and the second s
ndian Metaphysics	fred the
Tygiene, Diet and Nutrition	12
ocial Research	<u>iii</u>
Destination Interpretation - India	2.
Western Epistemology	
Yog Sutras	We Cal
Introduction to Upanishads	Dr. V.K. KATIYAR
Clinical Psychology- 2	Dr. V.K. KATTIAN
	(ACADEMICS & RESEARCH)
Psychology of Personality	(ACADEMICS & REDEARON)
exchology of Personality	University of Patanjali, Haridwa

Principles of Naturopathy
Principles and Application of Counselling
Business Communication
Shrimadbhagvadgita and Shankhyakarika
Yoga Psychology
Methods of teaching Yoga and Value Education
Biomechanics and Kinesiology
Research and Statistical Methods
Disease specific Pathology
Complimentary and Alteranative Therapy (CAT)
Hospitality Management
Department of Sanskrit
Sanskrit Sahitya - 1
Vedic Siddhanta Parichaya - 1
Aangal Bhasha (English) - 1
Department of Philosophy
Yoga Darshan
Sankhya Darshan
English
Samkhyakarika
Nyaya Darshan
Vaisheshik Darshan
Vedanta Darshan
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)
Department of Psychology
Yoga Psychology
Experimental Psychology
Psychology of Personality
Advance Psychology
Cognitive Psychology
Counselling Psychology
Applied Psychology
Applied Psychometry
Research Methodology
Health Psychology
PsychoDiagnostic Techniques
Psychological Testing
Clinical Interceptions
Theraupeutic Techniques
Department of Tourism 0
Tourism of Uttarakhand
Yoga Health & Tourism
Computer Application in Tourism
Culture Heritage and Tourism
Major Destinations of World
Tour Packing Management
Tourism Marketing
On The Job Training

Enclosure 1.4.1 b
List of Courses that Integrates Cross Cutting Issues
2018-19
Department of Yoga Science
Course Name
Foundation of Yoga
Introduction to Hatha Yoga and its texts
Human Biology - 1
Essence of Principle Upanishads
Patanjala Yoga Darshan
Human Biology - 2
Environmental Studies
Essence of Bhagvad Gita for Personality Development
Yoga and Holistic Health
Methods of teaching yoga
Spoken Sanskrit
Basis of Yoga Therapy
Fundamentals of Biochemistry
Basis of Indian Culture
Yoga and Human Consciousness
Yogic Management of Lifestyle related Disorders
Yoga and Human Values
Applied Yoga
Research Methodology and Statistics
Introduction to Yoga
Basic Psychological Process 1
Social Psychology -1
Cultural Tourism Resources
Indian Logic -1
Indian Logic - 2
Indian Philosophy and Culture
Shrimadbhagvadgita
Geography for Tourism
Introduction to Ayurveda
Systems and Schools of Psychology - 1
Psychological Statistics
Indian Epistemology
Indian Metaphysics
Hygiene, Diet and Nutrition
Social Research
Destination Interpretation - India
Western Epistemology
Yog Sutras
Introduction to Upanishads
Clinical Psychology- 2
Psychology of Personality
Indian Ethics - 2
Yoga Therapy

Principles of Naturopathy
Principles and Application of Counselling
Business Communication
Shrimadbhagvadgita and Shankhyakarika
Yoga Psychology
Methods of teaching Yoga and Value Education
Biomechanics and Kinesiology
Research and Statistical Methods
Disease specific Pathology
Complimentary and Alteranative Therapy (CAT)
Hospitality Management
Ayurvediya Siddhant, Sharir Rachana Evam Kriya ka
Naidanik Mahattva
Roga Nidan Evam Panchakarma Chikitsa Siddhant
Snehan Swedan Karma
Vaman Virechan Karma
Vasti Karma
Nasya Karma
Rakt Mokshan/Agni Karma
Yoga and Naturopathy
Department of Physical Education and Sports
Human Anatomy and Physiology
Yoga and Holistic Health
Health Education & Nutrition
Exercise Physiology
Methods of teaching yoga
Remedial and Massage
Basis of Yoga Therapy
Fundamentals of Sports Training
Common Sports Injuries - Prevention and Cure
Department of Sanskrit
Sanskrit Sahitya - 1
Vedic Siddhanta Parichaya - 1
Aangal Bhasha (English) - 1
Yoga Darshan
Sankhya Darshan
English
Samkhyakarika
Nyaya Darshan
Vajsheshik Darshan
Vedanta Darshan
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)
Department of Psychology
Yoga Psychology
Statistical Techniques and Experimental Designs
Social Psychology
Biological Foundation of Behavior
DiotoBrow

Research Methods
Positive Psychology
Cognitive Psychology
Personality Psychology
Health Psychology
Psychopathology
Clinical Psychology
Psychometry
Psychological Testing
Guidance and Counselling
Theraupeutic Techniques
Department of Tourism
Tourism of Uttarakhand
Yoga Health & Tourism
Computer Application in Tourism
Culture Heritage and Tourism
Major Destinations of World
Tour Packing Management
Tourism Marketing
On The Job Training
Department of English
American Literature Part 1
Women Writing Part 1

Enclosure 1.4.1 b	
List of Courses that Integrates Cross Cutting Issue	
2019-20	es
Department of Yoga Science	
Course Name	
Foundation of Yoga	
ntroduction to Hatha Yoga and its texts	
Human Biology - 1	
Essence of Principle Upanishads	
Patanjala Yoga Darshan	
Human Biology - 2	
Environmental Studies	
Essence of Bhagvad Gita for Personality Development	
Yoga and Holistic Health	
Methods of teaching yoga	
Spoken Sanskrit	
Basis of Yoga Therapy	
Fundamentals of Biochemistry	
Basis of Indian Culture	
Yoga and Human Consciousness	
Yogic Management of Lifestyle related Disorders	
Yoga and Human Values	
Applied Yoga	
Research Methodology and Statistics	
Introduction to Yoga	
Basic Psychological Process 1	
Social Psychology -1	
Cultural Tourism Resources	
Indian Logic -1	
Indian Logic - 2	
Indian Philosophy and Culture	
Shrimadbhagvadgita	19.
Geography for Tourism	50
Introduction to Ayurveda	3
Systems and Schools of Psychology - 1	1
Psychological Statistics	15
Indian Epistemology	
Indian Metaphysics	
Hygiene, Diet and Nutrition	
Social Research	
Destination Interpretation - India	
Western Epistemology	
Yog Sutras	
Introduction to Upanishads	
Clinical Psychology- 2	
Psychology of Personality	
Indian Ethics - 2	
Yoga Therapy	

Principles of Naturopathy	11'
Principles and Application of Con	unselling
Business Communication	
Shrimadbhagvadgita and Shankh	yakarika
Yoga Psychology	
Methods of teaching Yoga and Va	alue Education
Biomechanics and Kinesiology	
Research and Statistical Methods	
Disease specific Pathology	
Complimentary and Alteranative	Therapy (CAT)
Hospitality Management	
Ayurvediya Siddhant, Sharir Rac	hana Evam Kriya ka
Naidanik Mahattva	
Roga Nidan Evam Panchakarma	Chikitsa Siddhant
Snehan Swedan Karma	
Vaman Virechan Karma	
Vasti Karma	
Nasya Karma	
Rakt Mokshan/Agni Karma	
Yoga and Naturopathy	
Department of Physical Educat	tion and Sports
Human Anatomy and Physiology	·
Yoga and Holistic Health	
Health Education & Nutrition	
Exercise Physiology	
Methods of teaching yoga	
Remedial and Massage	
Basis of Yoga Therapy	
Fundamentals of Sports Training	
Common Sports Injuries - Prever	ntion and Cure
Department of Sanskrit	
Sanskrit Sahitya - 1	
Vedic Siddhanta Parichaya - 1	
Aangal Bhasha (English) - 1	
Department of Philosophy	
Yoga Darshan	and the second sec
Sankhya Darshan	1 States A
English	1 11 1
Samkhyakarika	
Nyaya Darshan	E Contraction of the second seco
Vaisheshik Darshan	Carrow War
Vedanta Darshan	The second se
Anarsh Darshan (Charvaka, Bodh	and Jain Darshan)
Department of Psychology	
Yoga Psychology	
Statistical Techniques and Exper	imental Designs
Social Psychology	
Biological Foundation of Behavi	or
Diological i oundation of Dellavi	~ -

Research Methods	
Positive Psychology	
Cognitive Psychology	
Personality Psychology	
Health Psychology	
Psychopathology	
Clinical Psychology	
Psychometry	
Psychological Testing	
Guidance and Counselling	
Theraupeutic Techniques	
Department of Tourism	
Tourism of Uttarakhand	
Yoga Health & Tourism	
Computer Application in Tourism	
Culture Heritage and Tourism	
Major Destinations of World	
Tour Packing Management	
Tourism Marketing	
On The Job Training	ersity
Department of English	(in or
American Literature Part 1	
Women Writing Part 1	
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Enclosure 1.4.1 b	
List of Courses that Integrates Cro	oss Cutting Issues
2020-21	
Department of Yoga Sc	eience
Course Name	
Introduction of Yoga	
Introduction to Hatha Yoga	
Basic Psychological Process 1 Social Psychology-1	
Sahitya and Dharamshastra	
Indian Philosophy and Culture	
Introduction of Shrimadbhagvad Gita	
Introduction to Ayurveda	
Psychological Statistics	
Tourism policy and Planning	
Introduction to Ayurveda and Swasth	vritta
Hospitality Management	
Destination Interpretation - India	
Patanjala Yog Sutras	
Upanishad Parichay	
Psychology of Personality	
Yoga Therapy	
Introduction of Naturopathy and Alte	rnative Therapy
Clinical Psychology- 2	
Principles and Application of Counse	elling
Business Communication	
Foundation of Yoga	
ntroduction to AYUSH	
Health and Yogic Hygiene	
Essence of Bhagvad Geeta for Holist	ic Living
ntroduction to Holistic Health	
Applied Yoga	
Environmental Studies	
(oga Psychology	
Essence of Principle Upanishads	
Aethods of teaching yoga	echanics
Sundamentals of Biochemistry/Biom	centanies
loga Diet and Nutrition	
/edic Philosophy and Culture	
Complimentary and Alteranative The	erapy (CAT)
Disease specific Yoga Therapy Mod	ules
loga and Human Values	
loga Therapy 2	versity or
Research Methodology and Statistics	S E
tesearch vientouology and standard	2
ntroduction to Naturopathy	* /
ntroduction to Ayurveda	12
harmacotherapeutical Science	- Powar
Diet and Nutrition	

Yoga and Nature care	
Important Medicinal Herbs	
Basics of Healthy Living	
Insights into Indian Philosophy	
Yoga and Strategic Management	
Biomechanics and Kinesiology	
Physiological effect of Yoga Practic	ces
Contemporary Yoga Technique for	self-management
Evidence based Yoga Theraoy 1 Disease specific pathology	
Psychometry	
Guidance and Counselling psychol	001
Theraupeutic Techniques	ogy
Department of Physical Education	on and Sports
Human Anatomy and Physiology	in and Sports
Yoga and Holistic Health	
Health Education & Nutrition	
Exercise Physiology	
Methods of teaching yoga	
Remedial and Massage	
Basis of Yoga Therapy	
Fundamentals of Sports Training	
Common Sports Injuries - Prevent	tion and Cure
Department of Sanskrit	
Sanskrit Sahitya - 1	
Vedic Siddhanta Parichaya - 1	
Aangal Bhasha (English) - 1	
Department of Philosophy	
Yoga Darshan	
Sankhya Darshan	
English	
Samkhyakarika	
Nyaya Darshan	
Vaisheshik Darshan	
V-donto Darshan	
Anarsh Darshan (Charvaka, Bodh	n and Jain Darshan)
Anarsh Darshall (Charvana, 2	
Department of Psychology	
Yoga Psychology	imental Designs
Statistical Techniques and Experi	
Social Psychology	Civersit
Biological Foundation of Behavio	
Research Methods	
Positive Psychology	I I
Cognitive Psychology	an ar a
Personality Psychology	War *
Health Psychology	
Psychopathology	
Clinical Psychology	
Clinical Psychology	

Psychometry
Psychological Testing
Guidance and Counselling
Theraupeutic Techniques
Department of Tourism
Tourism of Uttarakhand
Yoga Health & Tourism
Computer Application in Tourism
Culture Heritage and Tourism
Major Destinations of World
Tour Packing Management
Tourism Marketing
On The Job Training
Department of English
American Literature Part 1
Women Writing Part 1
Department of Allied And Applied Science
Fundamentals of Yoga and Ayurveda
Human values and ethics
Biodiversity
Ecology
Medicinal Botany
Wildlife Conservation
Consevation of fields
Drug, Discovery and Development
Public Health and Management
Organic Farming Techniques
Food Processing Technologies

Enclosure 1.4.1 b
List of Courses that Integrates Cross Cutting Issues
2021-22
Department of Yoga Science
Course Name
Introduction of Yoga
Introduction to Hatha Yoga
Basic Psychological Process 1
Social Psychology-1
Sahitya and Dharamshastra
Indian Philosophy and Culture
Introduction of Shrimadbhagvad Gita
Introduction to Ayurveda
Psychological Statistics
Tourism policy and Planning
Introduction to Ayurveda and Swasthvritta
Hospitality Management
Destination Interpretation - India
Patanjala Yog Sutras
Upanishad Parichay
Psychology of Personality
Yoga Therapy
Introduction of Naturopathy and Alternative Therapy
Clinical Psychology- 2
Principles and Application of Counselling
Business Communication
Foundation of Yoga
Introduction to AYUSH
Health and Yogic Hygiene
Essence of Bhagvad Geeta for Holistic Living
ntroduction to Holistic Health
Applied Yoga
Environmental Studies
Yoga Psychology
Essence of Principle Upanishads
Methods of teaching yoga
Fundamentals of Biochemistry/Biomechanics
Yoga Diet and Nutrition
Vedic Philosophy and Culture
Complimentary and Alteranative Therapy (CAT)
Disease specific Yoga Therapy Modules
Yoga and Human Values
Yoga Therapy 2
Research Methodology and Statistics
Introduction to Naturopathy
Introduction to Ayurveda
Pharmacotherapeutical Science
Diet and Nutrition

Yoga and Nature care
Important Medicinal Herbs
Basics of Healthy Living
Insights into Indian Philosophy
Yoga and Strategic Management
Biomechanics and Kinesiology
Physiological effect of Yoga Practices
Contemporary Yoga Technique for self-management
Evidence based Yoga Theraoy 1
Disease specific pathology Psychometry
Guidance and Counselling psychology Theraupeutic Techniques
Department of Physical Education and Sports
Human Anatomy and Physiology
Yoga and Holistic Health
Health Education & Nutrition
Exercise Physiology
Methods of teaching yoga
Remedial and Massage
Basis of Yoga Therapy
Fundamentals of Sports Training Common Sports Injuries - Prevention and Cure
Department of Sanskrit
Sanskrit Sahitya - 1 Vedic Siddhanta Parichaya - 1
Aangal Bhasha (English) - 1
Department of Philosophy
Yoga Darshan
Sankhya Darshan
English
Samkhyakarika
Nyaya Darshan
Vaisheshik Darshan
Vedanta Darshan
Anarsh Darshan (Charvaka, Bodh and Jain Darshan)
Department of Psychology
Yoga Psychology
Statistical Techniques and Experimental Designs
Social Psychology
Biological Foundation of Behavior
Research Methods
Positive Psychology
Cognitive Psychology
Personality Psychology
Health Psychology
Psychopathology
Clinical Psychology
Unifical i Sychology

Psychometry	
Psychological Tast	
Psychological Testing	
Guidance and Counselling	
Theraupeutic Techniques Department of Tourism	
Tourism of Uttarakhand	
Yoga Health & Tourism	
Computer Application in Tourism	
Culture Heritage and Tourism	\neg
Major Destinations of World	_
Tour Packing Management	\neg
Tourism Marketing	_
On The Job Training	_
Department of English	-
American Literature Part 1	
Women Writing Part 1	
Department of Allied And Applied Science	\neg
Fundamentals of Yoga and Ayurveda	\neg
Human values and ethics	\neg
Biodiversity	_
Ecology	\neg
Medicinal Botany	-
Wildlife Conservation	\neg
Consevation of Herbs	-
Drug, Discovery and Development	
Public Health and Management	_
Organic Farming Techniques	
Food Processing Technologies	
Department of Naturoapthy and Yogic Science	
Community Medicine	
Basic Pharmacology	
Color Therapy and Magneto Biology	
Forensic medicine and toxicology	
Accupuncture and accupressure	>
	Con a
Diagnostic methods	1 1
Hydrotherapy and mud therapy	1
Physical medicine and rehabilitation	de la como
First aid & emergency medicine	2
Manipulative therapies	

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DEAN (ACADEMICS & RESEARCH)