




## University of Patanjali Haridwar

6.1.3-B

Policy / records on initiatives to promote Yoga as a main stream of curriculum

  
डा० महावीर अग्रवाल  
प्रति - कुलपति  
पतंजलि विश्वविद्यालय, हरिद्वार



**The University's emphasis to promote Yoga as a main stream of curriculum:**

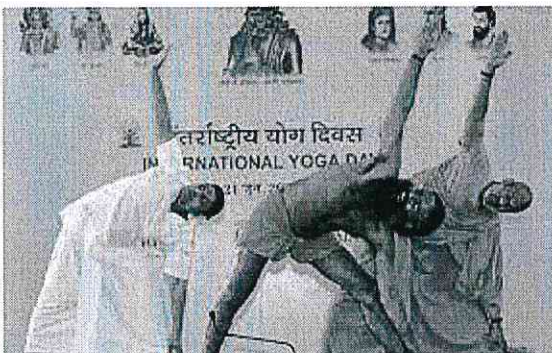
**Programs on Yoga and allied.**

**Name of Programs on Yoga**

1. B.Sc (Yoga Science)
2. BA (Yoga Science)
3. MA (Yoga Science)
4. M.Sc (Yoga Science)
5. PG Diploma (Yogasana and Sports Coaching)
6. PG Diploma (Yoga and Ayurveda)
7. PG Diploma (Yoga Science)
8. PG Diploma (Yoga Health and Cultural Tourism)
9. Bachelor in Naturopathy and Yogic Science
10. Diploma in Naturopathy and Yogic Science
11. B.Sc (Hons Biological Science)
12. Ph.D
13. D.Lit

**Activities to promote Yoga**

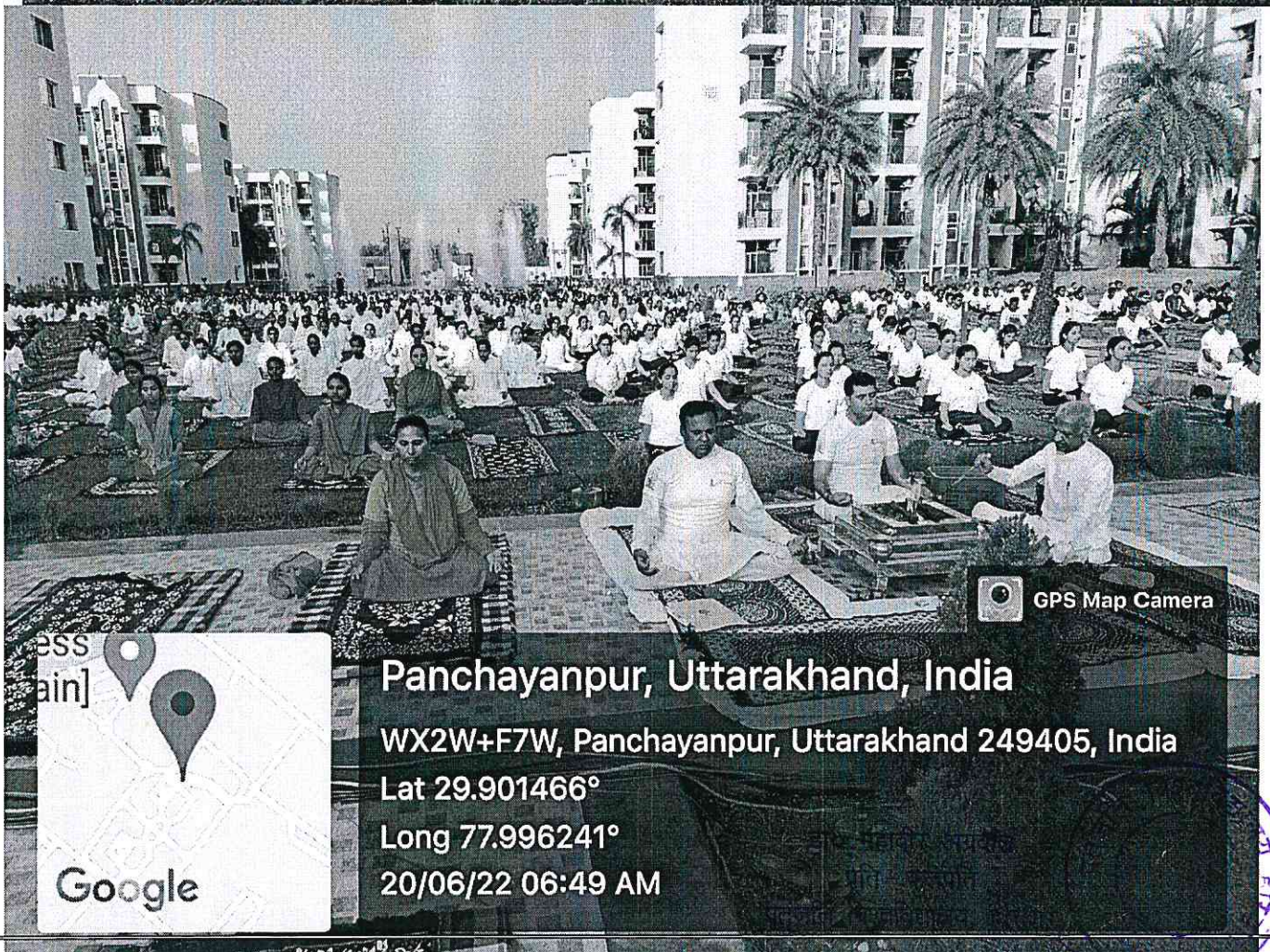
Yogrishi Swami Ramdev Ji Maharaj is a renowned yogi who is famous for revolutionizing yoga. His Yoga is a set of different yoga poses and methods that help in achieving good health and treating or controlling different ailments in the body. A subset of his methods, Pranayama is a collection of breathing methods that focus on increasing the blood circulation of the body and improving the flow of blood to all the internal organs of the body so that overall health of the individual improves. There are various steps in Baba Ramdev Pranayam that will help you reap the same benefits that regular yoga will help you achieve.



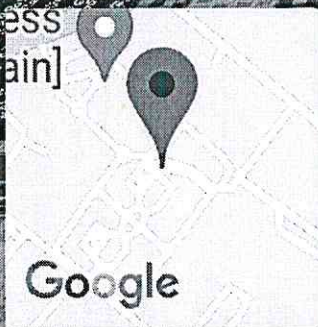
डा० महावीर अग्रवाल  
प्रति - कुलपति  
पतंजलि विश्वविद्यालय, हरिद्वार







GPS Map Camera



Panchayanpur, Uttarakhand, India

WX2W+F7W, Panchayanpur, Uttarakhand 249405, India

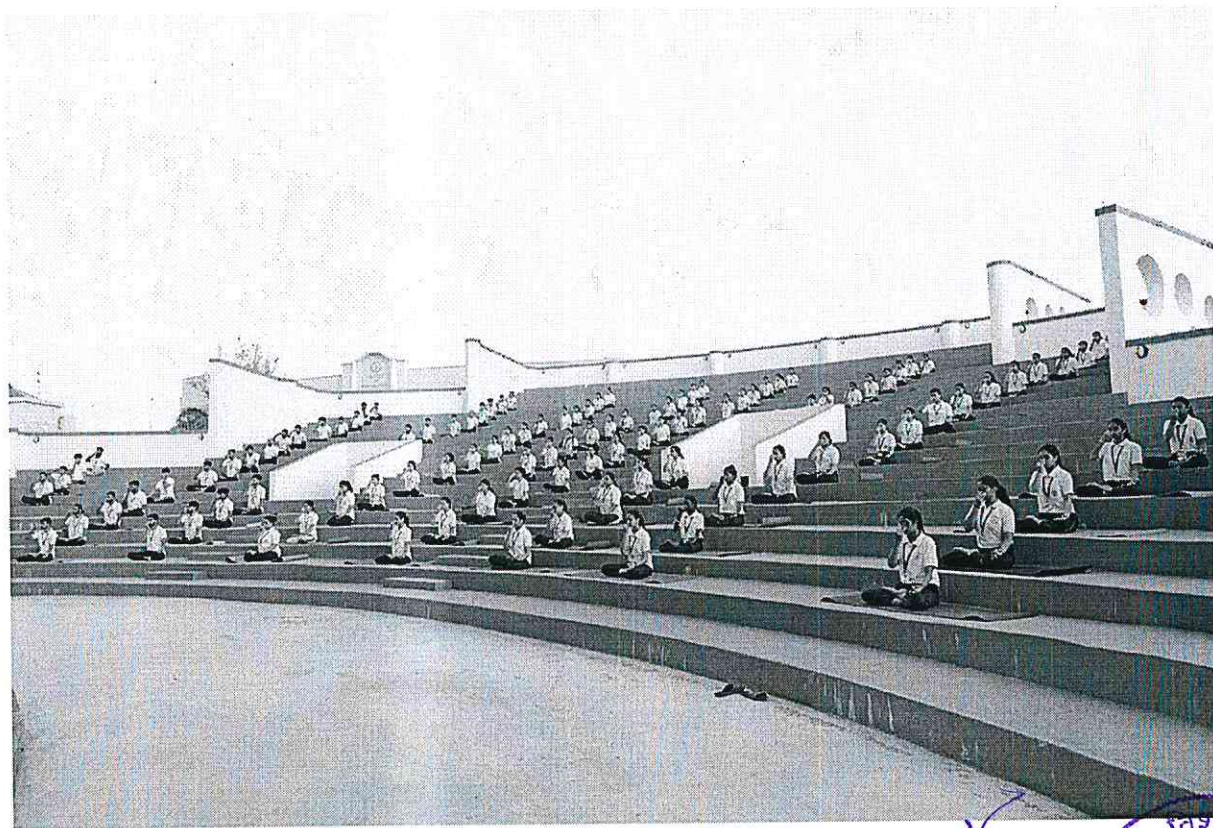
Lat 29.901466°

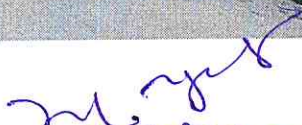
Long 77.996241°

20/06/22 06:49 AM

Handwritten signature and a purple circular stamp.





  
 डा० महावीर अग्रवाल  
 प्रति कुलपति  
 पतंजलि विश्वविद्यालय, हरिद्वार







## SPORTS ACHIEVEMENT - GOLD MEDALIST UNIVERSITY OF PATANJALI



**Mohit Pal**  
(B.Sc. IIrd Year)



**Ajay Verma**  
(M.A. IIrd Year)



**Anurag Saini**  
(B.Sc. IIrd Year)



**Durgesh**  
(B.A. Ist Year)



**Arvind Singh**  
(M.Sc. IIrd Year)



**Tushar Attri**  
(B.Sc. IIrd Year)



**Sakshi**  
(B.A. Ist Year)



**Shehnazi Khan**  
(B.A. IIrd Year)



**Akanksha**  
(B.A. IIIrd Year)



**Gayatri**  
(B.Sc. IIIrd Year)



**Prachi**  
(B.A. IIrd Year)



**Kritika**  
(B.A. IIIrd Year)



**Priya Bhandari**  
(M.A. Ist Year)



**Richa Sharma**  
(B.A. IIIrd Year)



**Anupama Rawat**  
(B.A. IIrd Year)



**Laxmi**  
(B.Sc. IIrd Year)



**Jaya Sahu**  
(B.Sc. IIrd Year)



**Akriti**  
(B.A. IIIrd Year)

## GOLDEN BOOK OF WORLD RECORDS UNIVERSITY OF PATANJALI



**Suwami Parmath Dev**  
(Ph.D. Pursuing)



**Br. Harsh**  
(B.A. IIIrd Year)



**Br. Surbhi**  
(B.A. IIIrd Year)



**Br. Deepika**  
(M.A. Ist Year)



**Br. Omika**  
(M.A. Ist Year)



**Suwami Aaryadev**  
(B.N.Y.S. Ist Year)



**Sadhvi Devyogini**  
(M.A. Ist Year)



**Br. Divya**  
(M.A. Ist Year)



**Br. Somya**  
(M.A. Ist Year)



**Br. Ananya**  
(M.A. IIrd Year)



**Br. Jagirti**  
(M.A. IIrd Year)



**Br. Aanand**  
(B.A. IIIrd Year)



**Br. Harshram**  
(B.A. IIIrd Year)



**Br. Karunesh**  
(M.A. Ist Year)



**Br. Sourbh**  
(M.A. Ist Year)



**Br. Chandra Mohan**  
(M.A. IIrd Year)

