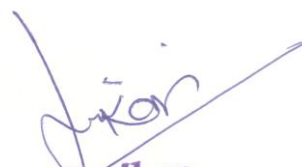


**Percentage of teachers provided with financial support to attend conferences / workshops /seminars /spiritual retreats/discourses / symposia etc (for Yoga and allied- disciplines) and towards membership fee of professional bodies during the last five years (excluding repeat count)**

<b>Academic Year</b>	<b>Name of teacher</b>	<b>Name of conference/ workshop /seminars /spiritual retreats/discourses / symposia attended for which financial support was provided</b>	<b>Name of the professional body for which membership fee was provided</b>	<b>Amount (INR)</b>
2017-18	Dr Rudra Bhandari	workshop of Pranic Healing & Accupressure	Self	53808.00
2018-19	Dr. Nidheesh Yadav	Int. Conference 2018 kaivaladhama, yoga as Theraphy Scope Evidance and Evalution	Kaivalyadham SMYM Samiti, Pune	145000.00
2018-2019	Dr. Narendra Singh	"Health For All- Now or Never"	Confederation of Indian industry (CII)	3000.00
2019-2020	Dr. Sanjay Singh	"Emerging ICT for Bridging Future"	Computer Society Of India	14700.00
2018-19	Dr. Mahaveer Agarwal	Workshop on Sanskit Sahitya	University of Patanjali	23000.00
2019-20	Dr. Aarti Yadav	Workshop of Pranic Healing & Accupressure	Usha Jaiswal & Vishal Jaiswal	53133.00
2019-2020	Dr. Sadvi Dev Priya	Mahila Patanjali Yog Samiti	PRI	182531.00
2019-2020	Dr. Swami Parmart Dev	Patanjali Yogpeeth Samiti	PRI	153871.00
2019-2020	Dr. Rudra Bhandari	"Green Buildings"	Kaivalyadham SMYM Samiti, Pune	17000.00
2020-2021	Dr. Arti Yadav	Future Work Organization	Krishi Sanskriti	12000.00
2020-2021	Dr. Vinay Sharma	Drug Discovery and Translational Medicine.	Self	8000.00
2017-2018	Dr. Narendra Singh	Concepts of Analysis of variance within its computation	PRI	5000
2017-2018	Dr. Abshiek	Health food program	AIMS Rishishek	12000
2018-2019	Dr. V. K. Katiyar	Application of statistics in social science research	Self	1252
2018-2019	Dr. Sanjay Singh	e-office training	Bharva Solutions	2500
2018-2019	Dr. Arti Yadav	Symposium on "Cancer Today"	AIMS Rishishek	3652
2019-2020	Dr. Narendra Singh	Personality Development workshop	Self	1500
2019-2020	Dr. Mahaveer Agarwal	Workshop on Research Methods and Data Analysis Tools	Computer Society Of India	2500
2019-2020	Dr. Arti Yadav	Workshop on Cognitive Behavoiur Therapy	PRFT	3654

Academic Year	Name of teacher	Name of conference/ workshop /seminars /spiritual retreats/discourses / symposia attended for which financial support was provided	Name of the professional body for which membership fee was provided	Amount (INR)
2019-2020	Dr Rudra Bhandari	Diabetes Awareness program	PRI	2569
2019-2020	Dr. Sanjay Singh	Covid -19 measure	AIMS Rishishek	2500
2020-2021	Dr. Narendra Singh	Enterpreneurship Development	NILET	5687
2020-2021	Dr Rudra Bhandari	Office automation	DATA Center	15000
2020-2021	Dr. Manoharlal	Sanskrit saptaah kaaryakarm	Sanskrit University	25000
2020-2021	Dr. Arti Yadav	Yogasutra evm iski takniki shabdavali	Sanyas Ashram	36541
2021-2022	Dr. Narendra Singh	Referresher Course	Self	32569
2021-2022	Dr. Abshihek	Workshop on "Smart City Concept"	NILET	25874

  
**Dr. Nirvikar**  
 Deputy Registrar  
 University of Patanjali, Haridwar

## **A Report on six-day's workshop on Pranic Healing and Acupressure organized by Department of Yoga Science, University of Patanjali, Haridwar Uttarakhand.**

With an objective to acquaint the student with the knowledge of Pranic Healing and Acupressure, Department of Yoga Science, University of Patanjali Haridwar, Uttarakhand has organized a six day's Workshop for Undergraduate and Post graduate students of University of Patanjali at Yoga Hall, Faculty of Oriented Studies of University of Patanjali, Haridwar from 28<sup>th</sup> to 30<sup>th</sup> April 2022 & 07<sup>th</sup> to 09<sup>th</sup> May 2022. Total 120 UG and PG students registered for the workshop.

The Workshop was inaugurated by Hon'ble Pro Vice Chancellor Prof. Mahavir Agarwal along with Dr. Sanjay Singh, Coordinator, Department of Yoga Science. Hon'ble Pro Vice Chancellor attended the students with an inaugural speech highlighting the importance of Pranic Healing and Acupressure.

The resource persons for the workshop were Dr. Rakesh Jaiswal From Dev Sanskriti Vishvavidhyalya, Haridwar Uttarakhand and Dr. Satendra Mishra from Lucknow.

Dr. Rakesh Jaiswal explained the importance of Pranic healing, Aura, Chakra, Prana and also given the practical skills to the all students. Further, Dr. Satendra Mishra explained the Acupressure Points, Meridians, Disease Management through Acupressure and also taught the practical skills to the all students.

All the participants were facilitated with participation certificates by Prof. Mahavir Agarwal, Hon'ble Pro Vice Chancellor and Dr. (Sadhvi) Devpriya, Dean Faculty of Yoga Science, University of Patanjali, Haridwar.

The program was successfully coordinated by Dr. Nidheesh Kumar Yadav and Dr. Arti Yadav, Asst. Professor Department of Yoga Science University of Patanjali, Haridwar.

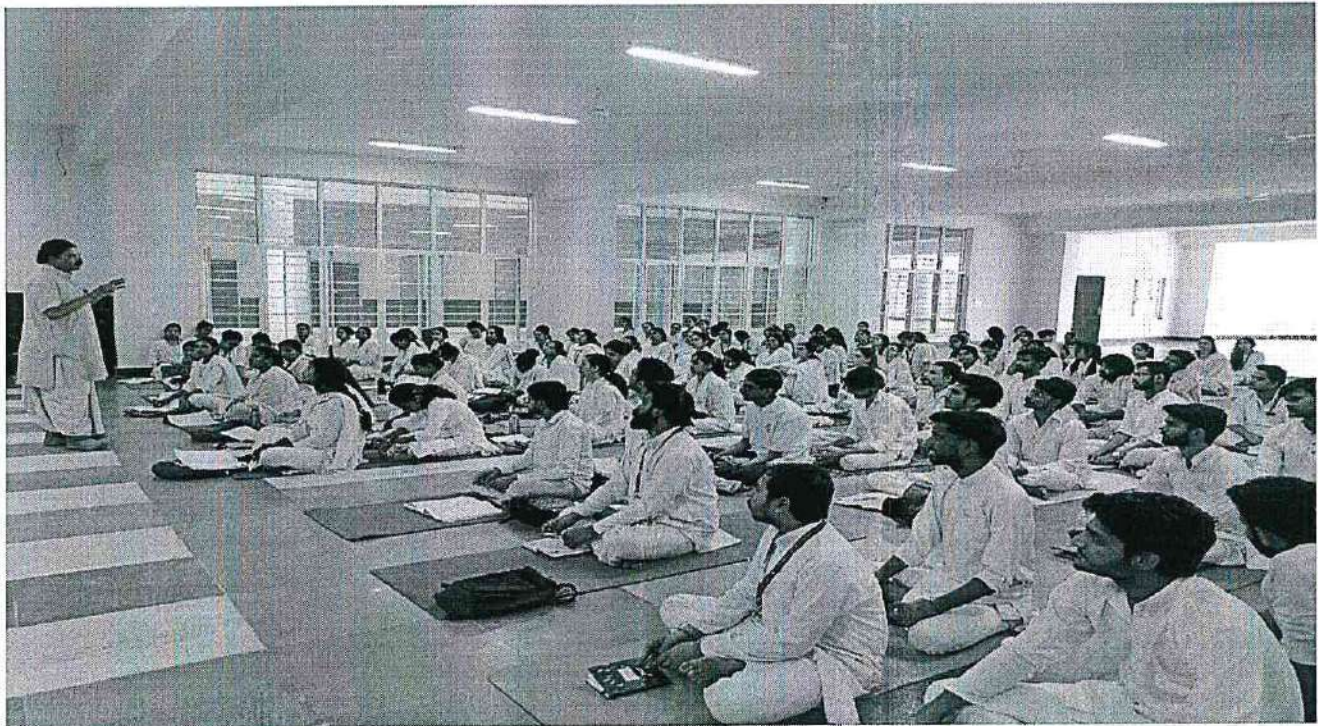
The event was a successful one. The workshop was relevant to the title and was well appreciated by the students. After completion of workshop, students have felt encouraged to explore these areas further.

  
डा० महावीर अग्रवाल  
प्रति - कुलपति  
पतंजलि विश्वविद्यालय, हरिद्वार

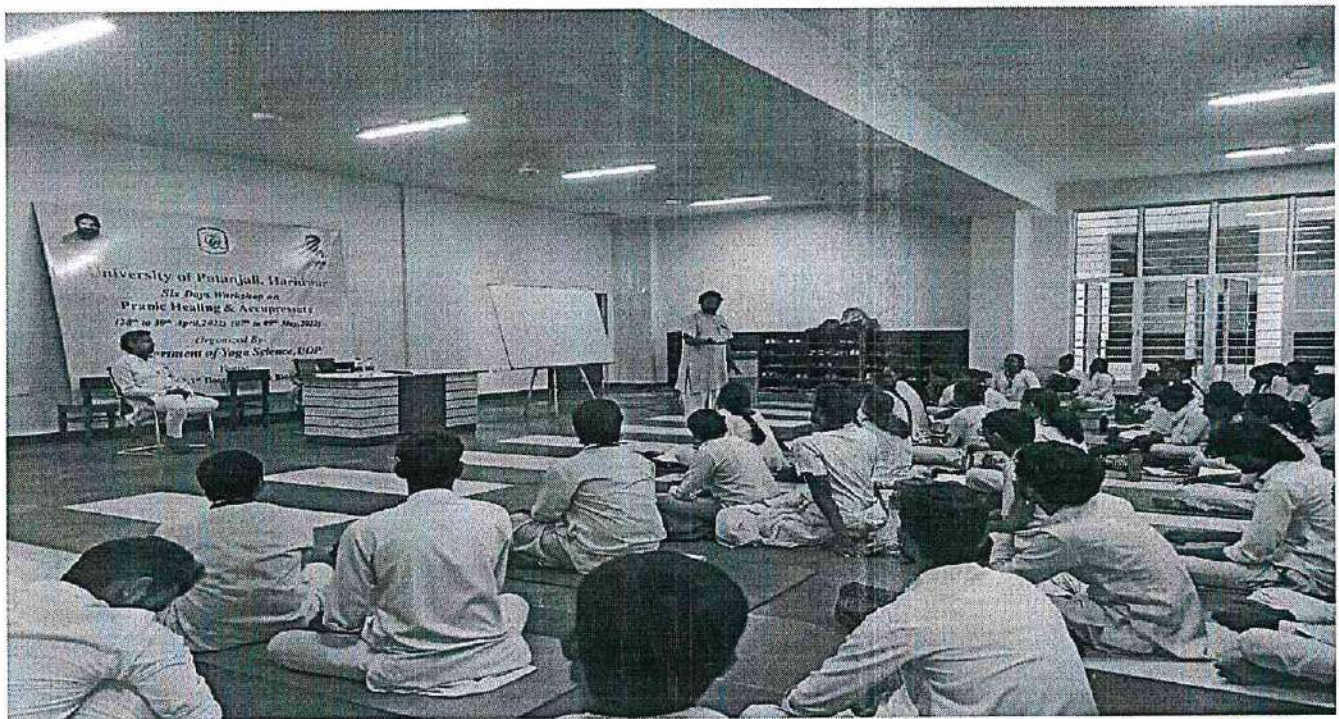




## Pranic Healing Workshop



**Dr. Rakesh Jaiswal taking Workshop at University of Patanjali in Yoga hall of faculty of oriented studies of UG and PG students**



**Dr. Rakesh Jaiswal taking Workshop at University of Patanjali in Yoga hall of faculty of oriented studies of UG and PG students**

डा० महावीर अग्रवाल  
प्रति - कुलपति  
पतंजलि विश्वविद्यालय, हरिद्वार

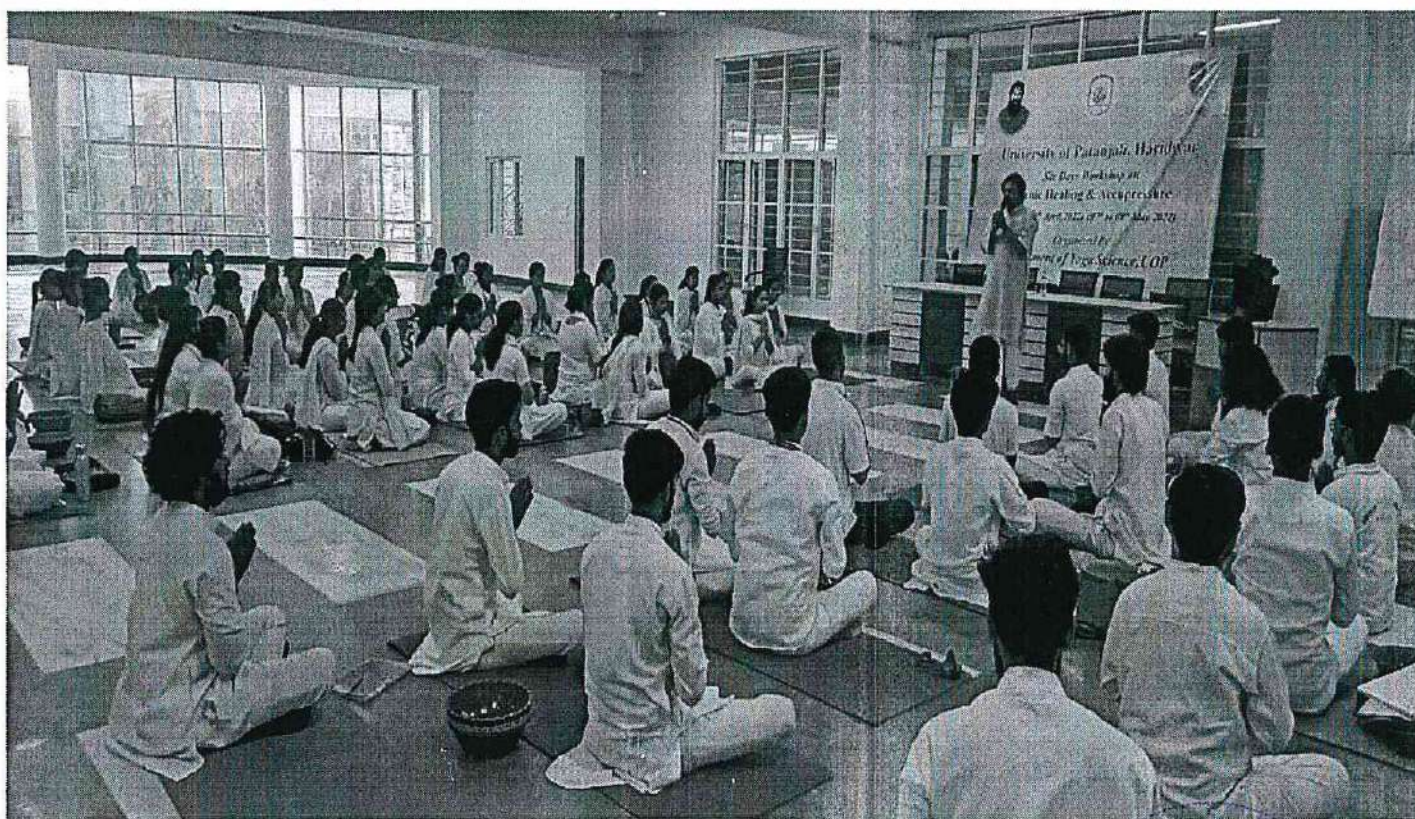




## Pranic Healing Workshop



**Dr. Rakesh Jaiswal taking Workshop at University of Patanjali in Yoga hall of faculty of oriented studies of UG and PG students**



ड० महावीर अग्रवाल  
प्रति - कुलपति  
पतंजलि विश्वविद्यालय, हरिद्वार



**Dr. Rakesh Jaiswal taking Workshop at University of Patanjali in Yoga hall of faculty of oriented studies of UG and PG students**



## Acupressure Workshop Photographs



**Dr. Satender Mishra taking Workshop at University of Patanjali in Yoga hall of faculty of oriented studies of UG and PG students**



**Hon'ble Pro Vice Chancellor Prof. Mahavir Agarwal and Dr. Satender Mishra expert Acupressure on first day of workshop**

*[Handwritten signature]*



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पतंजलि विश्वविद्यालय, हरिद्वार



## Acupressure Workshop Photographs



*Hon'ble Pro Vice Chancellor giving inaugural speech at Acupressure Workshop*



*Hon'ble Pro Vice Chancellor giving inaugural speech at Acupressure Workshop*


डा० महावीर अग्रवाल  
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पतंजलि विश्वविद्यालय, हरिद्वार



**स्वामी डॉ. परमार्थदेव सहायक प्राध्यापक दर्शन विभाग, पतंजलि विश्वविद्यालय, हरिद्वार  
(मध्य, पश्चिम एवं दक्षिण भारत के राज्यों में मण्डल स्तरीय प्रवास विवरण)**

क्र.सं.	दिनांक व दिन	राज्य	मण्डल	जिला समिति	निःशुल्क इंटीग्रेटेड योग शिविर एवं मण्डल स्तरीय बैठकों की संख्या	कुल 'कार्यक्रम	प्रतिभागी
1	08 मार्च, 2022	महाराष्ट्र-पश्चिम	रत्नागिरी	1	एक दिवसीय योग शिविर	1	5000
2	9 मार्च, 2022	मुम्बई	मुम्बई	17	1 राज्य स्तरीय कार्यकर्ता बैठक	1	250
3	11 से 12 मार्च, 2022	महाराष्ट्र- पूर्व	नागपुर	15	2 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 2 मण्डल स्तरीय बैठकें।	2	3000
4	13 से 14 मार्च, 2022	महाराष्ट्र-पश्चिम	पुणे	13	1 राज्य स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 1 राज्य स्तरीय बैठक।	2	1500
5	02 से 06 अप्रैल, 2022	मध्य प्रदेश-पश्चिम	5	27	5 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 5 मण्डल स्तरीय बैठकें।	10	7500
6	07 से 11 अप्रैल, 2022	मध्य प्रदेश-पूर्व	5	25	5 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 5 मण्डल स्तरीय बैठकें।	10	8000
7	15 से 18 अप्रैल, 2022	दिल्ली		21	2 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 2 मण्डल स्तरीय बैठकें !	4	2500
8	28 से 31 अप्रैल, 2022	गुजरात-उत्तर	3	18	2 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 2 मण्डल स्तरीय बैठकें !	4	2500
9		गुजरात-दक्षिण	2	16	2 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 2 मण्डल स्तरीय बैठकें !	4	3500
10	04 से 09 मई, 2022	ओड़िशा	10	30	6 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 6 मण्डल स्तरीय बैठकें !	12	8000
11	12 से 15 मई, 2022	गोवा	2	4	2 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 2 मण्डल स्तरीय बैठकें !	4	1000
12	16 से 18 मई, 2022	तेलंगाना	2	4	2 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 2 मण्डल स्तरीय बैठकें !	4	3500
13	20 से 25 मई, 2022	मुम्बई	2-2 जिला स्तरीय 6 निःशुल्क इंटीग्रेटेड योग शिविर एवं 2-2 जिला स्तरीय 6 बैठकें !			12	4000
14	28 से 30 मई, 2022	राजस्थान-पूर्व	4 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 4 मण्डल स्तरीय बैठकें !			8	4500
15	31 मई से 2 जून, 2022	राजस्थान-पश्चिम	4 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 4 मण्डल स्तरीय बैठकें !			8	6500
16	05 से 07 जून, 2022	राजस्थान	माननीय प्रधानमंत्री की प्रेरणा से आजादी के 75वें अमृत महोत्सव के उपलक्ष्य में देश के 75 ऐतिहासिक स्थलों पर अन्तर्राष्ट्रीय योग दिवस की तैयारी हेतु चित्तौड़गढ़ व जोधपुर में योग शिविर व कार्यकर्ता बैठक ।			1	550
17	08 से 12 जून, 2022	छत्तीसगढ़	5	30	4 मण्डल स्तरीय निःशुल्क इंटीग्रेटेड योग शिविर एवं 4 मण्डल स्तरीय बैठकें !	8	4500
18	13 जून, 2022	दिल्ली	राज्य कार्यकारिणी एवं पूर्ण कालिक कार्यकर्ता बैठक (केवल हरिद्वार से प्रशिक्षण प्राप्त करने वाले भाई)।			1	350
19	15 से 17 जून, 2022	देहरादून	शिवालिक बी.डी.इ. (सेना के जवानों हेतु योग शिविर)			1	2500
20	18 से 21 जून, 2022	दिल्ली	आजादी के अमृत महोत्सव के उपलक्ष्य में लाल किले पर डा० महावीर अन्तर्राष्ट्रीय योग दिवस			1	5000
Total - कुल प्रतिभागिता						92	74150

पतंजलि विश्वविद्यालय, हरिद्वार





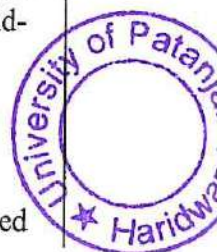
**Teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year**

Academic Year	Year	Name of conference/workshop attended for which financial support provided	Name of the professional body for which membership fee is provided	Amount of support	Funding Agency	Sanction order
2019-20	2020	Women wing Bharat swabhimani (Mahila Patanjali yog samiti Bengaluru)	University of Patanjali Haridwar	9,000	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar
2019-20	2020	Women wing Bharat swabhimani (Mahila Patanjali yog samiti Bengaluru)	University of Patanjali Haridwar	7,293	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar
2020-21	2021	Women wing Bharat swabhimani (Mahila Patanjali yog samiti UP West)	University of Patanjali Haridwar	17,942	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar
2020-21	2021	Women wing Bharat swabhimani (Mahila Patanjali yog samiti Gujarat)	University of Patanjali Haridwar	12,180	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar
2020-21	2021	Women wing Bharat swabhimani (Mahila Patanjali yog samiti Maharashtra)	University of Patanjali Haridwar	14,336	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar
2020-21	2021	Women	University of	14,182	University of	Sanctioned

डा० महावीर अग्रवाल

प्रति - कुलपति

पतंजलि विश्वविद्यालय, हरिद्वार







		wing Bharat swabhiman (Mahila Patanjali yog samiti Gauwhati)	Patanjali Haridwar		Patanjali Haridwar	by University of Patanjali, Haridwar
2020-21	2021	Women wing Bharat swabhiman (Mahila Patanjali yog samiti Dharashala, H.P)	University of Patanjali Haridwar	36,144	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar
2021-22	2022	Women wing Bharat swabhiman (Mahila Patanjali yog samiti Delhi)	University of Patanjali Haridwar	12,480	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar
2021-22	2022	Women wing Bharat swabhiman (Mahila Patanjali yog samiti Patna)	University of Patanjali Haridwar	15,696	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar
2021-22	2022	Women wing Bharat swabhiman (Mahila Patanjali yog samiti Ranchi)	University of Patanjali Haridwar	19,632	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar
2021-22	2022	Women wing Bharat swabhiman (Mahila Patanjali yog samiti Patna)	University of Patanjali Haridwar	23,646	University of Patanjali Haridwar	Sanctioned by University of Patanjali, Haridwar

डा० महावीर अग्रवाल  
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# Conference/Seminar/Webinar/Workshop and Invited lectures attended during last five years.

SN	STATE	YEAR	DATE	TOPIC	PHOTO
1	Haryana	2017	10-Feb	Yoga is related to spirituality	
2	Haryana	2017	11-Feb	yoga is best for spirituality	
3	Haryana	2017	12-Feb	Yoga for beginners	
4	Haryana	2017	13-Feb	How yoga went from the spiritual to a physical practice	

डा० महावीर अग्रवाल  
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शलाघिरी



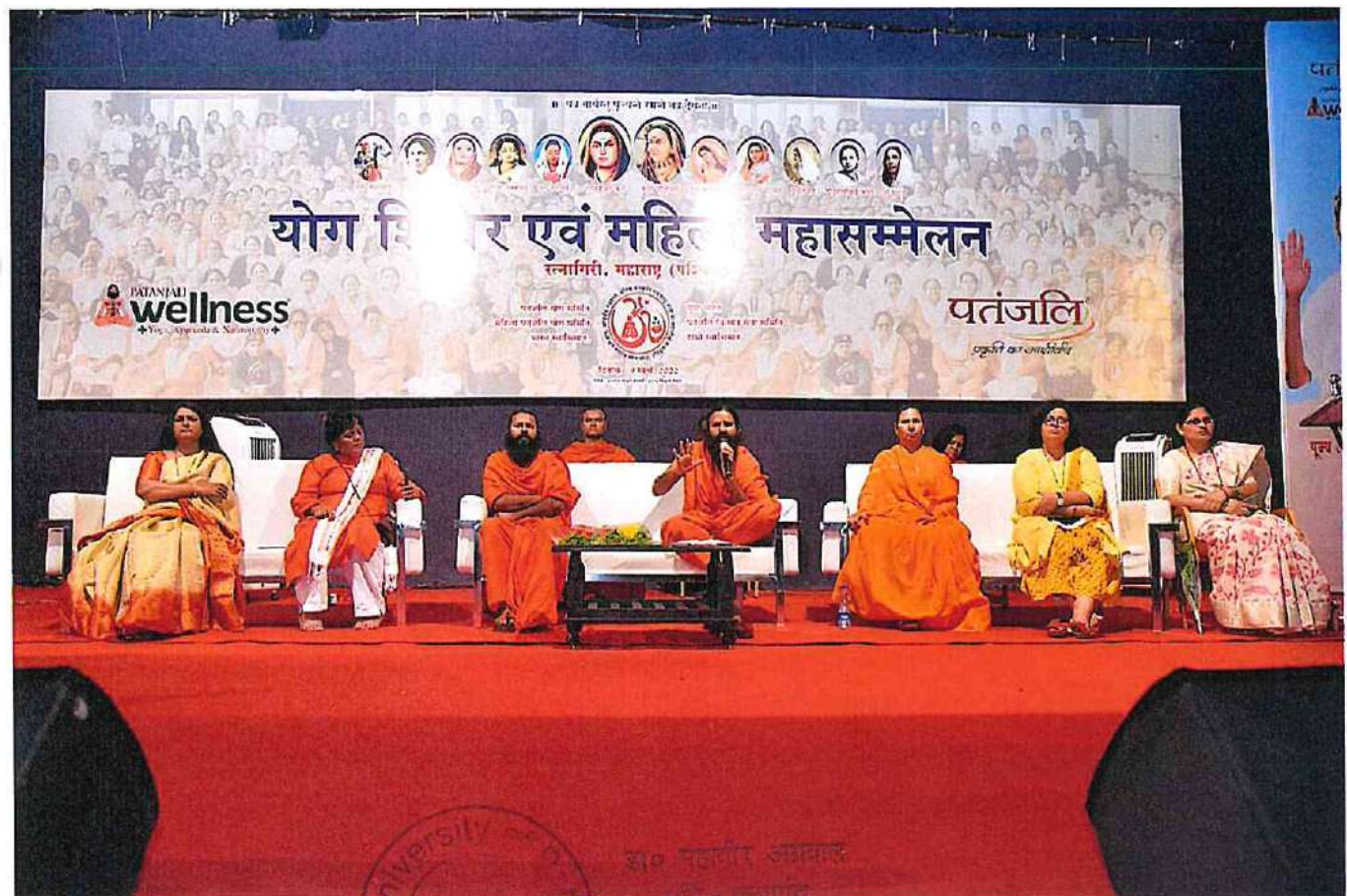
शलाघिरी, महामञ्च-1



पतंजलि विश्वविद्यालय, हरिद्वार







३० महिला सम्मेलन  
पतंजलि विश्वविद्यालय, हरिद्वार

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# पतंजलि विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित  
Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Concepts of Analysis of variance within its computation

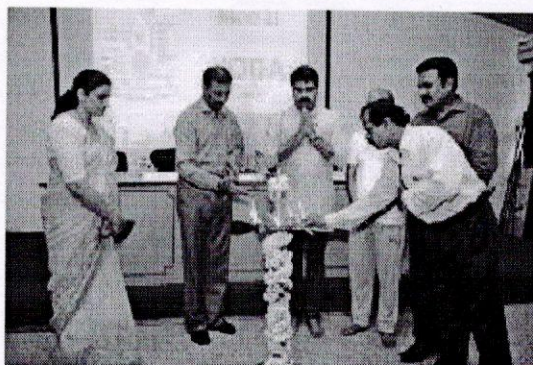
Date : 22/03/2017

## Summary

Analysis of variance (ANOVA) is an analysis tool used in statistics that **splits an observed aggregate variability found inside a data set into two parts: systematic factors and random factors**. The systematic factors have a statistical influence on the given data set, while the random factors do not.

### What is ANOVA

- ANOVA is a procedure for testing the difference among different groups of data for homogeneity.
- "The essence of ANOVA is that the total amount of variation in a set of data is broken down into two types, that amount which can be attributed to chance and that amount which can be attributed to specified causes."



## List of Participants:

Sl. No.	Name of the Full-time teacher	Designation
1	Dr. SANJAY SINGH	Assistant Professor
2	Dr. NARENDRA SINGH	Assistant Professor
3	Dr. R.B.BHANDARI	Assistant Professor
4	Dr. NIDHESH KUMAR YADAV	Assistant Professor
5	Mr. PARVESH KUMAR	Yoga Instructor
6	DR. ADITYA BHARGAVA	Assistant Professor
7	Mr. CHANDRA MOHAN MISHRA	Music Teacher
8	Ms. MONIKA PANWAR	Yoga Instructor
9	Ms. PALLAWI	Yoga Instructor

**Dr. Nirvikar**  
Deputy Registrar  
University of Patanjali, Haridwar





# पतंजलि विश्वविद्यालय University of Patanjali

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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Bio psychosocial model of health

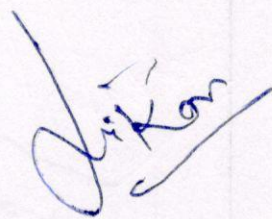
Date : 25/02/2017

## Summary

The biopsychosocial model of health and illness is a framework developed by George L. Engel that states that interactions between biological, psychological, and social factors determine the cause, manifestation, and outcome of wellness and disease.

## List of Participants:

Sl. No.	Name of the Full-time teacher	Designation
1	Dr. G. PARAN GOWDA	Professor
2	Dr. NIDHESSH KUMAR YADAV	Assistant Professor
3	Dr. ARTI YADAV	Assistant Professor
4	DR. ANJU KUMARI	Assistant Professor
5	Mr. SANDEEP MANIKPURI	YOGA-CUM-SPORTS INST
6	Mr. KAPIL SHASTRI	Sports Officer
7	DR. SUMAN	Professor
8	SWAMI PARMARTHDEV	Assistant Professor
9	Mr. SHRIKANT	Assistant Professor
10	SWAMI MITRADEV	Assistant Professor
11	DR. VAISHALI GAUR	Assistant Professor

  
**Dr. Nirvikar**  
Deputy Registrar  
University of Patanjali, Haridwar





# पतंजलि विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित  
Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Application of statistics in social science research


Date : 27/02/2019

## Summary

Generally, we can say that social statistics deal with the application of statistical methodology in areas like survey methodology, official statistics, sociology, psychology, political science, criminology, public policy, marketing research, demography, education, economics and others.

## List of Participants:

Sl. No.	Name of the Full-time teacher	Designation
1	Dr. ARTI YADAV	Assistant Professor
2	DR. ANJU KUMARI	Assistant Professor
3	Mr. PARVESH KUMAR	Yoga Instructor
4	Ms. MONIKA PANWAR	Yoga Instructor
5	Ms. PALLAWI	Yoga Instructor
6	Mr. KAPIL SHASTRI	Sports Officer
7	DR. MANOHAR LAL ARYA	Associate Professor
8	Dr. URMILA	Assistant Professor
9	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
10	DR. ADITYA BHARGAVA	Assistant Professor
11	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
12	Ms. RACHNA ARORA	Assistant Professor
13	Dr. MAHIMA	Assistant Professor

  
**Dr. Nirvikar**  
Deputy Registrar  
University of Patanjali, Haridwar





# पतंजलि विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित  
Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Seven days National webinar on "Yoga, Ayurveda and other Indigenous techniques for Psycho-Physiological Immunity"

Date : 16/06/2020 to 21/06/2020

## Summary

Enhancement of the Psycho-immunity is important aspect for enhancing the total immunity to prevent from stress, anxiety and infection in the time of COVID19 pandemic. In most developing countries of the world, the traditional medical systems can provide solutions and support to cope with the current situation. Present study aimed to find out some of the evidence based practices related to Ayurveda, Yoga and other Indigenous studies, which are helpful in current situation. The eight basic practices, tools or factors to enhance the level of psychological immunity were described in this study and most of them were tested previously through randomized control trials. These eight tools include – 'Brain Tonics, Code of Conducts, Golden Rules of Happiness, Yoga, Satvik Karma, Somato-psychic-factors, Adverse effects of biological and psychological pollution, Three Pillars (vat-pitta-kapha) and Three Sub-pillars (aahar-nidra-brahmacharya) of health' and thus the study presented the holistic mental health care module helpful in COVID19 pandemic.

## List of Participants:

Sl. No.	Name of the Full-time teacher	Designation
1	Dr. SANJAY SINGH	Assistant Professor
2	Dr. NARENDRA SINGH	Assistant Professor
3	Dr. R.B.BHANDARI	Assistant Professor
4	Dr. NIDHESH KUMAR YADAV	Assistant Professor
5	Dr. ARTI YADAV	Assistant Professor

**Dr. Nirvikar**  
Deputy Registrar  
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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

6	DR. ANJU KUMARI	Assistant Professor
7	Mr. RISHIPAL	Yoga Instructor
8	Mr. SANDEEP MANIKPURI	YOGA-CUM-SPORTS INST
9	Mr. KAPIL SHASTRI	Sports Officer
10	Dr. RAM JI MISHRA	Assistant Professor
11	Dr. URMILA	Assistant Professor
12	DR. VAISHALI GAUR	Assistant Professor
13	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
14	DR. ADITYA BHARGAVA	Assistant Professor
15	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
16	Ms. RACHNA ARORA	Assistant Professor
17	Dr. VINAY KUMAR SHARMA	Associate Professor

**Dr. Nirvikar**  
Deputy Registrar  
University of Patanjali, Haridwar



पतंजलि विश्वविद्यालय  
योग और स्वास्थ्य विभाग  
पतंजलि, हरिद्वार





# पतंजलि विश्वविद्यालय University of Patanjali

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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Entrepreneurship Development

Date : 16/07/2020

## Summary

Entrepreneurship development is the means of enhancing the knowledge and skill of entrepreneurs through several classroom coaching and programs, and training. The main point of the development process is to strengthen and increase the number of entrepreneurs.

## List of Participants:

Sl. No.	Name of the Full-time teacher	Designation
1	Dr. NARENDRA SINGH	Assistant Professor
2	Dr. BIPIN KUMAR DUBEY	Assistant Professor
3	Dr. RAM JI MISHRA	Assistant Professor
4	DR. VAISHALI GAUR	Assistant Professor
5	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
6	DR. ADITYA BHARGAVA	Assistant Professor
7	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
8	Mr. CHANDRA MOHAN MISHRA	Music Teacher



लाभार्थी मंत्रालय ०८

नियंत्रण - ८८

उत्तराखण्ड, पतंजलि विश्वविद्यालय

**Dr. Nirvikar**

Deputy Registrar  
University of Patanjali, Haridwar





# पतंजलि विश्वविद्यालय University of Patanjali

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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Sanskrit saptaah kaaryakarm

Date : 08/08/2020 to 11/08/2020

## Summary

भारत में प्रतिवर्ष श्रावणी पूर्णिमा के पावन अवसर को संस्कृत दिवस के रूप में मनाया जाता है। श्रावणी पूर्णिमा अर्थात् रक्षा बन्धन ऋषियों के स्मरण तथा पूजा और समर्पण का पर्व माना जाता है। वैदिक साहित्य में इसे श्रावणी कहा जाता था। इसी दिन गुरुकुलों में वेदाध्ययन कराने से पहले यज्ञोपवीत धारण कराया जाता है। इस संस्कार को उपनयन अथवा उपाकर्म संस्कार कहते हैं। इस दिन पुराना यज्ञोपवीत भी बदला जाता है। ब्राह्मण यजमानों पर रक्षासूत्र भी बांधते हैं।

## List of Participants:

1	Dr. RAM JI MISHRA	Assistant Professor
2	DR. VAISHALI GAUR	Assistant Professor
3	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
4	DR. ADITYA BHARGAVA	Assistant Professor
5	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
6	Mr. CHANDRA MOHAN MISHRA	Music Teacher



लाभार्थी प्रतिभा ०८  
श्रीमन्मन्त्र - श्री  
गुरुदेव, प्रसादविद्यालयी श्रीमन्मन्त्र

**Dr. Nirvikar**

Deputy Registrar  
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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Yogasutra evm iski takniki shabdavali

Date : 29/08/2020 to 31/08/2020

## Summary

वैज्ञानिक और तकनीकी शब्दावली आयोग की ओर से प्रायोजित और पतंजलि विश्वविद्यालय की ओर से समायोजित योग सूत्र एवं इसकी तकनीकी शब्दावली विषय पर पांच दिवसीय वेबगोष्ठी में वक्ताओं ने संस्कृत को सबसे प्राचीनतम और अपार ज्ञान संपदा से परिपूर्ण भाषा बताया। पतंजलि विश्वविद्यालय के प्रति कुलपति डॉ. महावीर अग्रवाल ने कहा कि आत्मबोध से बढ़कर कुछ भी नहीं है। उन्होंने दुनिया को दुनिया की ही भाषा में समझाने पर बल देते कहा कि शास्त्रीय और तकनीकी शब्दों के अर्थ जाने बिना उसके दिव्य भाव को ग्रहण नहीं किया जा सकता है।

## List of Participants:

1	Dr. R.B.BHANDARI	Assistant Professor
2	Dr. NIDHESSH KUMAR YADAV	Assistant Professor
3	Dr. ARTI YADAV	Assistant Professor
4	DR. ANJU KUMARI	Assistant Professor
5	Dr. BIPIN KUMAR DUBEY	Assistant Professor
6	Dr. RAM JI MISHRA	Assistant Professor
7	Ms. BHAGIRATHI	Assistant Professor
8	DR. VAISHALI GAUR	Assistant Professor
9	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
10	DR. ADITYA BHARGAVA	Assistant Professor
11	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
12	Ms. RACHNA ARORA	Assistant Professor

**Dr. Nirvikar**  
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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Health Food Program

Date : 27/12/2017

## List of Participants:

1	Dr. NARENDRA SINGH	Assistant Professor
2	DR. VAISHALI GAUR	Assistant Professor
3	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
4	DR. ADITYA BHARGAVA	Assistant Professor
5	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
6	Mr. CHANDRA MOHAN MISHRA	Music Teacher
7	Dr. R.B.BHANDARI	Assistant Professor
8	Dr. NIDHESSH KUMAR YADAV	Assistant Professor
9	Dr. ARTI YADAV	Assistant Professor
10	Mr. RISHIPAL	Yoga Instructor
11	Mr. SANDEEP MANIKPURI	YOGA-CUM-SPORTS INST
12	Mr. KAPIL SHASTRI	Sports Officer

**Dr. Nirvikar**

Deputy Registrar

University of Patanjali, Haridwar





# पतंजलि विश्वविद्यालय University of Patanjali

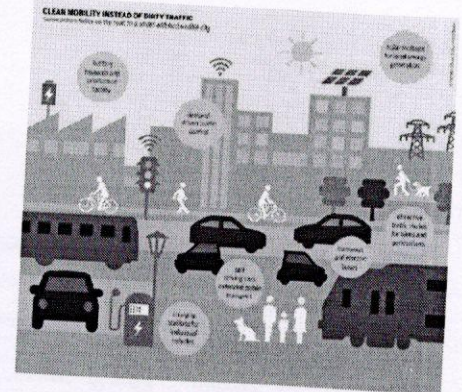
उत्तराखण्ड विधान सभल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित  
Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Workshop on Smart City Concept  
Date : 18/07/2021

A smart city is a place where traditional networks and services are made more efficient with the use of digital solutions for the benefit of its inhabitants and business. A smart city goes beyond the use of digital technologies for better resource use and less emissions.

## List of Participants:

1	Dr. NARENDRA SINGH	Assistant Professor
2	DR. VAISHALI GAUR	Assistant Professor
3	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
4	DR. ADITYA BHARGAVA	Assistant Professor
5	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
6	Mr. CHANDRA MOHAN MISHRA	Music Teacher
7	Dr. R.B.BHANDARI	Assistant Professor
8	Dr. NIDHESH KUMAR YADAV	Assistant Professor
9	Dr. ARTI YADAV	Assistant Professor
10	Mr. RISHIPAL	Yoga Instructor
11	Mr. SANDEEP MANIKPURI	VOGA-CUM-SPORTS INST
12	Mr. KAPIL SHASTRI	Sports Officer
13	Dr. Bipin Dubey	Assistant Professor
14	Dr. R.K. Sharma	Assistant Professor
15	Dr. Deepak	Visitor



**Dr. Nirvikar**  
Deputy Registrar  
University of Patanjali, Haridwar





# पतंजलि विश्वविद्यालय University of Patanjali

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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Workshop on water-waste-water new challenges  
Date : 18/08/2021

## List of Participants:

1	Dr. NARENDRA SINGH	Assistant Professor
2	DR. VAISHALI GAUR	Assistant Professor
3	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
4	DR. ADITYA BHARGAVA	Assistant Professor
5	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
6	Dr. R.B.BHANDARI	Assistant Professor
7	Dr. NIDHESH KUMAR YADAV	Assistant Professor
8	Dr. ARTI YADAV	Assistant Professor
9	Mr. RISHIPAL	Yoga Instructor
10	Mr. SANDEEP MANIKPURI	YOGA-CUM-SPORTS INST
11	Mr. KAPIL SHASTRI	Sports Officer
12	Dr. Bipin Dubey	Assistant Professor
13	Dr. R.K. Sharma	Assistant Professor
14	Dr. Deepak	Visitor

  
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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Lecture on Prevention of money laundering

Date : 19/10/2021

Prevention of Money Laundering Act, 2002 (PMLA) was enacted to fight against the criminal offence of legalizing the income/profits from an illegal source. The Prevention of Money Laundering Act, 2002 enables the Government or the public authority to confiscate the property earned from the illegally gained proceeds.

## List of Participants:

Sl. No.	Name of the Full-time teacher	Designation
1	Dr. NARENDRA SINGH	Assistant Professor
2	Dr. BIPIN KUMAR DUBEY	Assistant Professor
3	Dr. RAM JI MISHRA	Assistant Professor
4	DR. VAISHALI GAUR	Assistant Professor
5	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
6	DR. ADITYA BHARGAVA	Assistant Professor
7	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
8	Mr. CHANDRA MOHAN MISHRA	Music Teacher

**Dr. Nirvikar**

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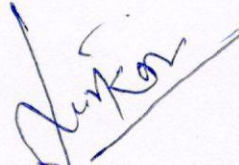
Name of Event : Seminar on how to crack judiciary

Date : 19/11/2021

Make a study plan that covers all the topics as per the latest syllabus and start your preparation accordingly for the exam. Read all the definitions of care acts and practice them without seeing them. Focus on the latest amendments of each and every act of UP Judiciary Syllabus to score good marks in the exam.

## List of Participants:

1	Dr. NARENDRA SINGH	Assistant Professor
2	DR. VAISHALI GAUR	Assistant Professor
3	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
4	DR. ADITYA BHARGAVA	Assistant Professor
5	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
6	Mr. CHANDRA MOHAN MISHRA	Music Teacher
7	Dr. R.B.BHANDARI	Assistant Professor
8	Dr. NIDHESSH KUMAR YADAV	Assistant Professor
9	Dr. ARTI YADAV	Assistant Professor
10	Mr. RISHIPAL	Yoga Instructor
11	Mr. SANDEEP MANIKPURI	YOGA-CUM-SPORTS INST
12	Mr. KAPIL SHASTRI	Sports Officer

  
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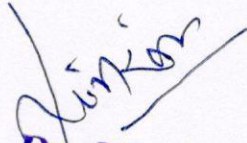
Name of Event : Clay Modeling Competition

Date : 19/1/2022

The main objective of the competition was to stimulate the imagination of the children and enable them to give a better shape to their creativity.

## List of Participants:

Sl. No.	Name of the Full-time teacher	Designation
1	Dr. ARTI YADAV	Assistant Professor
2	DR. ANJU KUMARI	Assistant Professor
3	Mr. PARVESH KUMAR	Yoga Instructor
4	Ms. MONIKA PANWAR	Yoga Instructor
5	Ms. PALLAWI	Yoga Instructor
6	Mr. KAPIL SHASTRI	Sports Officer
7	DR. MANOHAR LAL ARYA	Associate Professor
8	Dr. URMILA	Assistant Professor
9	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
10	DR. ADITYA BHARGAVA	Assistant Professor
11	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
12	Ms. RACHNA ARORA	Assistant Professor
13	Dr. MAHIMA	Assistant Professor

  
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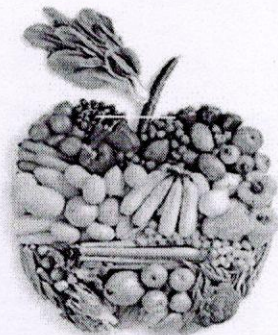
उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित  
Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

Name of Event : Workshop on National Nutrition week

Date : 22/02/2022

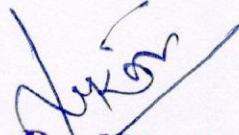
National Nutrition Week (NNW) is observed from September 1-7 every year to educate the populace about the significance of nutrition. Adequate nutrition is the cornerstone that determines the overall well-being of a person, as it supports individuals in maintaining health status and average growth and development.

**NATIONAL  
NUTRITION  
WEEK**



## List of Participants:

Sl. No.	Name of the Full-time teacher	Designation
1	Dr. G. PARAN GOWDA	Professor
2	Dr. NIDHESSH KUMAR YADAV	Assistant Professor
3	Dr. ARTI YADAV	Assistant Professor
4	DR. ANJU KUMARI	Assistant Professor
5	Mr. SANDEEP MANIKPURI	YOGA-CUM-SPORTS INST
6	Mr. KAPIL SHASTRI	Sports Officer
7	DR. SUMAN	Professor
8	SWAMI PARMARTHDEV	Assistant Professor
9	Mr. SHRIKANT	Assistant Professor
10	SWAMI MITRADEV	Assistant Professor
11	DR. VAISHALI GAUR	Assistant Professor

  
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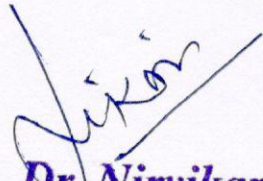
Name of Event : Workshop on Cognitive Behaviour Therapy

Date : 12/03/2019

Cognitive Behavioral Therapy is a psycho-social intervention that aims to reduce symptoms of various mental health conditions, primarily depression and anxiety disorders. Cognitive behavioral therapy is one of the most effective means of treatment for substance abuse and co-occurring mental health disorders.

## List of Participants:

1	Dr. R.B.BHANDARI	Assistant Professor
2	Dr. NIDHESSH KUMAR YADAV	Assistant Professor
3	Dr. ARTI YADAV	Assistant Professor
4	DR. ANJU KUMARI	Assistant Professor
5	Dr. BIPIN KUMAR DUBEY	Assistant Professor
6	Dr. RAM JI MISHRA	Assistant Professor
7	Ms. BHAGIRATHI	Assistant Professor
8	DR. VAISHALI GAUR	Assistant Professor
9	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
10	DR. ADITYA BHARGAVA	Assistant Professor
11	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
12	Ms. RACHNA ARORA	Assistant Professor

  
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University of Patanjali, Haridwar





# पतंजलि विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित  
Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

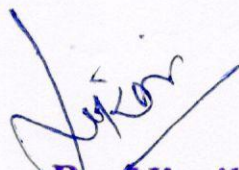
Name of Event : Workshop on Emotional Wellbeing of Youth

Date : 31/12/2021

Antecedents are safe and stable nurturing relationships; family and social connectedness, hope, and positive body-image. The consequences of emotional wellbeing in youth include self-efficacy, self-actualization, the presence of positive health behaviors, and the absence of high-risk behaviors.

## List of Participants:

Sl. No.	Name of the Full-time teacher	Designation
1	Dr. ARTI YADAV	Assistant Professor
2	DR. ANJU KUMARI	Assistant Professor
3	Mr. PARVESH KUMAR	Yoga Instructor
4	Ms. MONIKA PANWAR	Yoga Instructor
5	Ms. PALLAWI	Yoga Instructor
6	Mr. KAPIL SHASTRI	Sports Officer
7	DR. MANOHAR LAL ARYA	Associate Professor
8	Dr. URMILA	Assistant Professor
9	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
10	DR. ADITYA BHARGAVA	Assistant Professor
11	Dr. ANJO RANI (ANUJ TYAGI)	Assistant Professor
12	Ms. RACHNA ARORA	Assistant Professor
13	Dr. MAHIMA	Assistant Professor

  
**Dr. Nirvikar**  
Deputy Registrar  
University of Patanjali, Haridwar





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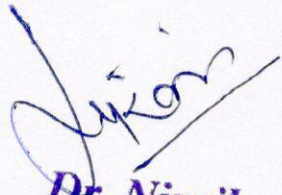
Name of Event : Workshop on Cognitive Drill Therapy

Date : 28/04/2021

Cognitive drill therapy is a form. cognitive therapy work through repetitive. Verbal exposure, and deal with irrational, fear (phobia), anxiety and obsessive- compulsive disorder.

## List of Participants:

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3	Mr. PARVESH KUMAR	Yoga Instructor
4	Ms. MONIKA PANWAR	Yoga Instructor
5	Ms. PALLAWI	Yoga Instructor
6	Mr. KAPIL SHASTRI	Sports Officer
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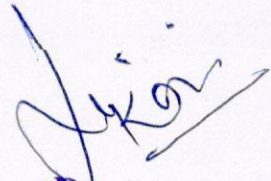
Name of Event : Workshop on SPSS & Mendeley

Date : 19/11/2020

IBM SPSS® Statistics is a fast and powerful solution that propels research analysis in numerous industries. SPSS Statistics is used in education, market research, healthcare, government and retail throughout the entire analytics process, from planning and data collection to analysis, reporting and deployment.

## List of Participants:

1	Dr. R.B.BHANDARI	Assistant Professor
2	Dr. NIDHESSH KUMAR YADAV	Assistant Professor
3	Dr. ARTI YADAV	Assistant Professor
4	DR. ANJU KUMARI	Assistant Professor
5	Dr. BIPIN KUMAR DUBEY	Assistant Professor
6	Dr. RAM JI MISHRA	Assistant Professor
7	Ms. BHAGIRATHI	Assistant Professor
8	DR. VAISHALI GAUR	Assistant Professor
9	DR. ABHISHEK KUMAR BHARDWAJ	Assistant Professor
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Name of Event : Seminar on Revocation of Article 370

Date : 21/11/2020

In April 2018, the Supreme Court of India ruled that Article 370 had attained permanency since the state constituent assembly has ceased to exist. To overcome this legal challenge, the Indian government instead rendered Article 370 as 'inoperative' even though it still exists in the constitution.

## List of Participants:

1	Dr. R.B.BHANDARI	Assistant Professor
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