

Dr. Ankur (Ph.D., M.P.Ed., B.P.Ed.)

Assistant Professor (Physical Education)

University of Patanjali, Haridwar-249405

Contact No. 9536701010

E-mail- ankurchhoker7@gmail.com



Professional Experience

Working as a faculty member in Department of Physical Education and Sports, University of Patanjali since 2023.

External Examiner/ Paper Setter (UG) in other Universities

Professional Education

Ph.D. in physical education from Gurukul Kangri University, Haridwar (2023)

Masters in physical education from Gurukul Kangri University, Haridwar (2019)

B.P.Ed. in physical education from Gurukul Kangri University, Haridwar (2017)

Bachelor in physical education from CCS University, Meerut (2015)

Academic Achievement – Paper Publication

A Paper entitled “A Comparative study on Self Confidence between B.P.Ed Ist & IIIrd sem. Students in Plane Area” Published in Sodh Parbha Vol.47 issue-3, July 2022 ISSN- 0974-8946, with impact factor 6.1

A Paper entitled “A Study of Hill Area B.P.Ed Ist & IIIrd sem Students on Anxiety And Personality” Published in NIU International Journal of Human Rights Vol.09 issue-1 May 2022 ISSN- 2394-0298, with impact factor 4.7

A Paper entitled “Effectiveness of Motivation and Personality on Sports Person” Published in Anvesak, Vol. 51 issue 2021, ISSN-0378-4568,

Academic Achievement – Paper Presentation

Presented a Paper entitled “Impact of Ayurvedic Nutrition and Yoga on the Physical Fitness and Performance of Athletics” in International Conference, Yoga Ayurveda and Acupressure as Business Models, organized by Uttarakhand Ayurved University, Gurukul Campus Haridwar from 12-13 November 2024.

Presented a Paper entitled “Yoga’s Role in Enhancing Social Network & Promoting Mental Health in Society ” in International Conference, Yoga For Self and Society, organized by Monad University, from 26 July 2024.

Presented a Paper entitled “Effectiveness of Motivation and Personality on Sports Person” in National Conference, on Knowledge Culture Traditions & Practices of India, organized by Gurukul Kangri University From 29-31 March 2023 at Haridwar.

Presented a Paper entitled “A Comparative Study of Personality between B.P.Ed. Students in Plane Area” in National Seminar, on Challenges & Opportunities For Higher Education, Organized by Department of Physical Education, Veerbhumi Govt. P.G. College From 24-25 March 2022 at Mahoba (U.P.)

Presented a Paper entitled “A Comparative Study Anxiety Level between B.P.Ed. Students in H.N.B.G.U.” in National Seminar, on Recent Innovations in Teacher Education and Sports Sciences, Organized by Adarsh Krishna (P.G.) College Shikohabad, From 30-31 March 2021 Firozabad (U.P.)

Seminar / Conferences / Workshop Participation

Organizing Member in International Conference on “Climate Change, Disaster Management & Disaster Medicine.” Organized by Ayurvedic Evam Anusandhan Sansthan & Patanjali Research Foundation 12-13th April 2025.

Participated in National Conference on “Traditional Knowledge - Intellectual Property & People’s Rights.” Organized by Indian knowledge System (IKS) Division, Ministry of Education 10-13 December 2024.

Participated in International Conference on “Naturopathy for Holistic Health” Conducted by University of Patanjali Haridwar 18-19 November 2023.

Participated in National Workshop on “Research Methodology, Publication & Ethics” 25-30 March 2022 G.K.U. Haridwar.

Participated in International Conference on “Nadayoga for World Peace” Conducted by GMVN & UTDB, Ministry of Tourism, Uttarakhand Government 6 March 2021.

Participated in National Conference on “Prevent of Doping in Sports – Current Challenges & Innovations” Conducted by Physical Education Foundation of India (PEFI) 30 -31 January 2019 New Delhi.

Other Responsibility

Member Secretary of the Equal Opportunity Cell (EOC) of the University of Patanjali

Member of the Training and Placement Committee of the University of Patanjali.

Training Program

Participated in One Week Online Faculty Development Programme (FDP) on "Mahabharata: a Foundation of Indian Values" Organized by B.R.B. College of Commerce, Raichur, Karnataka in Collaboration with Nucleus of Learning and Development From 27 January to 01 February 2025.

Participated in NEP 2020 Orientation & Sensitization Programme Under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) Organized by National Sanskrit University, Tirupati, Andhra Pradesh From 20 November to 29 November 2024.

Area of Special Interest

Teaching, Coaching Officiating in Athletics, Anatomy & Physiology, Sports Nutrition in History of Physical Education and all subjects related to physical education and sports.

Sports Achievements

Inter College Gate Competition (2016) Second Position

Half Marathon Participate 2014

State Participate Athletics 2011

(Ankur Singh)