

RESUME

Name : **Dr. Chandaka Sri Krishna**

Qualification : **Ph.D.** (Kundalini Yoga, 2006, Andhra University)
M.D. (Alternative Medicine – Yoga & Naturopathy),
M.A. (Philosophy), PG Diploma in Yoga, PG Dip. Sanskrit.

Designation : **Dean & Professor,**
Department of Yoga Science, University of Patanjali, Haridwar

Date of Birth : 09-07-1966 (59 Years)

Teaching, Research & Therapy Experience : **38 Years**
Associate Professor: since **Aug 2016 – July 2026**
Assistant Professor: since **April 1995 – July 2016.**
Academy of Yoga Consciousness (Affiliated to Andhra University.)

* These services were **ratified** by Andhra University with duly constituted committee of Andhra University under **the chair of Honorable Vice- Chancellor** of A.U.

Principal: June 1990 – June 1991 and **Lecturer:** July 1991 – Aug 1994,
Swamy Ramatirtha Institute of Peace,
Yoga Master at Institute of Yoga and Consciousness – Andhra University,
From **Sep 1988 - May 1990.**

Member, Board of Studies: (Yoga) G.S. College of Yoga and Cultural Synthesis, Kaivalyadamam, Lonavala, Maharashtra. (Since June 2007)
Adikavi Nannayya University, Rajamahendravaram (Since Feb 2018),
Putti Sree Ramulu Telugu University, Rajamahendravaram,
Sri Satya Sai Institution of Higher Learning (Deemed to be University). Puttaparthi. A.P & S-VYASA (Deemed to be University), Bengaluru, Karnataka.

Research Supervisor : Adikavi Nannayya University in Yoga & Allied Sciences, S-VYASA, Bengaluru & Andhra University.

International Exposure : *From 2005 onwards 14 visits to USA as Invited Speaker by various Universities, Hospitals, Temples and Community centers in Detroit (MI), Dallas, Houston (TX), Van Wart, Cincinnati (Ohio), Connecticut, (Philadelphia), Chicago and Long Island (New York)
*American TV & Radio Talks, *200 hours online teacher training (* Foreign Teacher and Student yoga training. (Netherlands, Malaysia, Ireland, Singapore, Mexico, Australia, South Asian Countries).

Yoga Therapy Experience : **24 Years**

Director I/C : Sahaja Yoga & Naturopathy Hospital, Annavaram Devasthanam
Department Endowments, Govt. of A.P. for 9 ½ years.

Director : Yoga Health Clinic since 24 years.

Specialization in treating Health Problems: Cervical and Lumbar Spondylitis, Sciatica, Obesity, Frozen Shoulder, Psoriasis, Paralysis, Diabetes, Asthma, Crohn's Disease, Polycystic Ovary Disease (PCOD), Migraine, Varicose Veins, Vertigo etc.

PhD (Philosophy of Kundalini Yoga, 2006)

Title: *Philosophical Study of Kundalini Concepts and Praxis in Classical Texts of Yoga, Tantra and Telugu Literature.*

This thesis has traced the journey of Kundalini Yoga from Vedic period, classical yoga and tantra texts and then its transit into the Dravidian language, Telugu covering a time span of more than three thousand years. This work contributed to knowledge about kundalini yoga from unknown literary sources and has highlighted that fact that the concept of kundalini is widespread throughout all sections of the society. New references and interpretations of kundalini have been found.

Guest Faculty : Dept. of Yoga & Consciousness, Andhra University, since 2014
(Taken classes for M.A. (Yoga and Consciousness) / P.G. Diploma in Yoga @ 2 papers per Semester on Hourly basis)

Faculty:

Professor: **Vivekananda Yoga University (VaYU)**, Los Angeles, California. USA is the 1st Yoga University outside India focused on graduate yoga education and research.

Adjunct Professor: **Aria University, CA, USA.**

Sr. Yoga Teacher Trainer : Yoga Consciousness Trust since 30 years
Regular Yoga training camps/workshops/lectures in Govt. & Private Organisations like...VUDA, BHPV, Canara Bank, Vijay Nirman Company, Synergies-Dooray (VEPZ), Prince Shoe Mart, Navayuga Engineering Company, Soma Enterprise Limited (Hyd) Eastern Naval Command, Central Board for Worker's Education, Govt. of India, Government District Training Centres etc.,

Courses Designed:

1. Induction Training Program for Yoga instructors-cum-H.R. Facilitator,
2. Yoga Instructor's Training Course, 3. P.G. Diploma in Yoga,
4. Certificate course in yoga (3 months part-time),
5. Anustana Yoga Vedanta Certificate Course,
6. Consciousness Enlightenment Course (3 months),
7. Self-Emancipation Course, 8. Diploma in Yoga,
9. Govt. teachers training in yoga (AP state BC welfare Hostel wardens & Martens),
10. Govt. teachers training in yoga (3 months at DIET), 11. B.Ed Yoga (1 year),
12. 3 month Intensive Training in Yoga and Allied Sciences
13. Yoga Therapy Course, 14. M.A. Yoga and Consciousness.
15. P.G. Diploma in Yoga Therapy
16. 200 Hours online course for Yoga teachers for foreigners. & Many

Organized National Conferences: 2: International: 1

1. National Seminar on Recent Trends in Yoga and Vedanta for Healthy, Happy & Enriched Living, Feb, 2016. Sponsored by Indian Council of Philosophical Research (**ICPR**)
2. National Conference on 'Frontiers of Yoga: Yesterday, Today and Tomorrow', Hyderabad 1999. Sponsored by Central Council for Research in Yoga & Naturopathy (**CCRYN**)
3. International Seminar on "Dynamic Approaches to Strengthen Immunity: Traditional and Modern Methods. 24th & 25th June 2021, Organised by Dept. of Yoga & Consciousness, Andhra University in Collaboration with Inter University Centre for Yogic Sciences(**IUCYS**), Bengaluru.

❖ 1st and only **campus recruitment** (SOMA Enterprises Pvt. Ltd. and Yoga Consciousness Trust) for yoga students of Andhra University was arranged and executed by me

Recognized Nationally & Internationally as an eminent scholar in Yoga by way of Numerous Awards conferred.

- * Yoga Chikitsa Acharya (IYA/YCA/031) by Indian Yoga Association 2024.
- *National Rejoice AYUSH Awards,2019, Rejoice Health Foundation, New Delhi,2019
- *Recipient of ‘Ugadi Puraskaram’ for the year 2007, awarded by A.P. State Government
- * Award for Outstanding Contribution to the field of Yoga by Telugu Literary and Cultural Association (2016) New York, USA
- *Valuable Contribution to Yoga, Award by North America Telugu Association (2016) Dallas Texas USA
- * Honorary Award for contribution in Health, Yoga & Ayurvedic Medicine by North America Telugu Society (2015) Los Angeles(C.A.), USA
- * Kundalini Yoga Dhara Award by Telugu Association of Greater Sacramento (July 11,2015) USA
- * Valuable Contribution to Yoga and Alternative Medicine Award by North America Telugu Association (2014) Atlanta GA USA,
- * Outstanding Contribution to Health & Yoga by North America Telugu Association (2013) Atlanta GA USA,
- * Excellence Award in the field of Spirituality by Telugu Association of North America (2013) Dallas TX USA,
- * Honorary Award by Telugu Association of Metro Atlanta (2011) USA & Many.....

Select **Invited Lectures** for Conferences/Seminars/Workshops: **International &National: Total 100+**

Title Conference/ Seminar	Organized by	Title of the talk	Year
Yoga –Tech Conclave - 2023	Dept. of Heritage Science and Technology, Indian Institute of Technology Hyderabad	Online Yoga Pedagogy-Pros and Cons	May 14 ,2023
Two day workshop on “Organ Donation”	Jeevandan, Govt. of A.P.& Pinnacle Hospitals	Recommended Yoga Module for Kidney Transplant Patients	June 25-26, 2018
18th International Congress of Vedanta	University of Massachusetts MA, USA	Kundalini Yoga in Telugu Vedanta Texts	July16-19, 2009
Invited Lecture, USA	Dept. of Philosophy, Miami University, USA	Theory & Practice of Yoga	Sep 27-29, 2005
4th America Telugu Sambaralu	North America Telugu Society, USA	Meditation is the key for Inner Peace; Science of Swara Yoga	July 2-4, 2014
Faculty Training– Resource Person	Central Board for Workers Education, Govt. of India	Yoga; Stress Management; Quality of Life Personality Development	1997- 2000
NATA 2nd ConventionAtlanta GA, USA	North America Telugu Association, USA	Yoga for Ergonomics	July 4-6, 2014
Yoga & Ayurveda	University of Massachusetts Dartmouth, MA, USA	Yoga for Happy & Healthy Living	Oct 21, 2005
Guest Lecture, USA	Bayshore Medical Center, Houston, TX, USA.	Applications of Yoga	Sep 12-13, 2005
2 Day Workshop on Yoga & Health	Ushus Therapy Services (hospital), Cheshire CT, USA	Yoga for Management of Diabetes; Yoga for Hypertension & Wellness	Oct 8-16, 2005
Impact of Yoga Education	Adikavi Nannaya University	Yoga Education: Past, Present and Future	Feb 23-24, 2018
Transforming Lives workshop	Sri Annamacharya Project of North America, USA	Transforming Lives through Yoga	Nov 5-6, 2005

AICTE-Staff development Program	SASI Institute of Technology & Engineering	Yogic Way of Life for Enhancement of Human Values	Dec 1-12, 2008
International Seminar – invited talks	Govind Ballabh Pant Social Science Institute, Allahabad	The role of Hydro (Water) Therapy in Yoga	20 Dec 2000-25 Jan 2001
25th Chicago Conference, USA	America Telugu Association, USA	Yoga for Diabetes and Hypertension	July 1-3, 2016
18th TANA Conference, USA	Telugu Association of North America, USA	Kundalini: The Sure Way to Self - Realization.	July 1-3, 2011
NATA Convention Dallas 2016, USA	North America Telugu Association, USA	Yoga for Special ailments (Diabetes, Stress Relief, Heart Problems)	May 27-29, 2016
Invited Yoga Workshop, USA	Coppell Aquatic & Recreation Center, TX, USA	Yoga for Stress Coping and Management; Yoga for joyful Living	Sep 5-11, 2005
19th TANA Convention	Telugu Association of North America, Dallas TX, USA	Stress management for software executives	May 24-26, 2013
Invited Yoga Workshop, USA	Telugu Literary & Cultural Association, New York, USA	Asanas and Surya Namaskaras; Meditation & Relaxation Techniques and Pranayama	July 13-14, 2013
Invited for Yoga & Health, USA	Association of Indians in America, New York, USA	Yoga For Happy, Healthy & Enhanced Living.	June 19, 2011
TAMA@30 Maha--sambaralu, USA	Telugu Association of Metro Atlanta USA	Importance of Surya Namaskaras for Good Health	July 9, 2011
Yoga Invited workshop	Telugu Literary and Cultural Association, New York, USA	Principles of Kundalini yoga & Anusthana Yoga	Nov 12-21, 2005
Advanced Workshop	The Bharathiya Temple, Michigan, USA	Shanti Kriya & Energization Techniques to Relieve Stress.	Oct 23-31, 2005
Yoga for Senior Citizens, USA	Activities Center, Knolls of Oxford, OH, USA	Pranayama & Meditation	Sep 26-27, 2005
Yoga Workshop	Coppell Family YMCA, USA	Asana, Pranayama & Meditation; Relaxation and Special Cleansing	Sep 2-7, 2005
Workshop, USA	Dallas EK Nazar	Yoga & Health Management Advanced Training	Aug 29-Sep 10, 2005
Public Discourse, USA	Hindu Temple Society, Troy, Detroit, MI, USA	Practical Applications of Yoga in Daily Life	Aug 26, 2005
Yoga Training Camp	SOMA Enterprise Limited, HYD	Stress Relief & Pacification of Mind	Mar 4-12, 2005

Research Projects: 4

1. Effect of SanthiKriya on certain psychophysiological parameters: A preliminary study, Institute for Yoga & Consciousness, A.U. In-house project, 1990-91
 2. Scientific Exploration of Yogic Practices for Developing Psychic Abilities, American Parapsychological Association (APA), USA \$ 4000, 2004-06
 3. Prisoner's Yoga Project, Institute of Human Science and Service (IHSS), In-house project. **Rs. 1,00,000**, 2004-06.
 4. Prevalence of unmet counselling needs of male and female professional college students, *Indian Council of Social Science Research (ICSSR)*, **Rs. 3,38,675/-**, 2010-11.
- International Day of Yoga Project in 4 Districts of Andhra Pradesh, 2015, Funded by Central Council for Research in Yoga & Naturopathy (CCRYN), **Rs3,00,000/-**

Publications:

1.	Development of a Yoga Module for Chronic Kidney Disease of Unknown Etiology: Different evaluation methods: <i>Frontiers in Health Informatics</i> , Pages 497-516, Vol-13:issue 3, 2024 ISSN-Online: 2676-7104	2024
2.	A Protocol for Testing the Efficacy of Yoga Intervention in Managing Chronic Kidney Disease of Unknown Etiology in the Uddanam Region: <i>The Bioscan an International Quarterly Journal of Life Science</i> 19(2):S2: 423-427.	2024
3.	The Impact of Yoga on Memory Levels of Students: <i>Philosophy and Yoga for Civilizational Conflict Resolution</i> , Blue Ava Ford Publications, pages 364-367: REGD.No.14734/ISBN/2021/P and ISBN 978-93-93376-69-5	2025
4.	Management and Exploration of Physical & Mental Health Changes in Practitioners of Spirituality. <i>International Transaction Journal of Engineering, Management, & Applied Sciences & Technologies</i> , 12 (6). doi: 10.14456/ITJEMAST.2021.122	2021
5.	Qualities of Yoga Practitioners, Obstructions & Precautions according to Classical Yoga Texts, <i>International Journal of Yoga, Physiotherapy and Physical Education</i> , ISSN: 2456-5067	2017
6.	Yoga Physiology and Anatomy according to Classical Yoga and Tantra Texts, <i>International Journal of Yogic, Human Movement and Sports Sciences</i> , Akinik Publications, ISSN: 2456-4419	2017
7.	Concepts of Yoga Psychology in the Poetry of Philosopher Yogi Vemana, <i>Review Journal Philosophy & Social Science</i> , Anu Books, ISSN: 2454-3403	2017
8.	Yoga and Meditation for Psychological Growth & Wellbeing. <i>International Journal of Research in Economics and Social Sciences</i> , 6(11), 424-432. Euro Asia publishers, ISSN: 2249-7382	2016
9.	Kundalini as an underlying concept in Indian Philosophical Systems, <i>Journal of Indian Psychology</i> , 27, 35-46. Andhra University, 0972-5431	2015
10.	Yoga for physio-psychological development of adolescents. <i>International Journal of Physical and Social Sciences</i> , 5(4), 590-596. IJMR Academy, ISSN: 2249-5894	2015
11.	Concept of Kundalinī yoga in Telugu Vedanta texts. <i>Journal of South Asian Studies</i> , 2(2), 177-184. ISSN 2307-4000. ESCIJ Publishing, ISSN: 2309-7846	2014
12.	Triguna Personality Theory: Classical Representation and Modern Research. <i>Journal of Indian Psychology</i> , 27, 35-46. Andhra University, ISSN: 0972-5431	2009
13.	Effect of Santhi Kriya on certain psychophysiological parameters: A preliminary study. <i>Indian Journal of Physiology & Pharmacology</i> : 32(2) 88-92. APPI Publications, ISSN, 0019-5499	1992
14.	Comparative Analysis of Anustana Yoga Vedanta in light of similar Modern Traditions, Published in silver jubilee Souvenir, Yoga Consciousness Trust Publications.	2016
15.	Kundalini awakening methods in Yoga. <i>Yoga Chaitanya Prabha</i> , Yoga Consciousness Trust Publications.	2015
16.	Meditation & Catharsis. Paper presented at the conference of Frontiers of Yoga: Yesterday, Today and Tomorrow, Hyderabad, 1999. Conference proceedings	1999
17.	Yoga Darshan - a series of articles from 1996 to 1999. <i>Yoga Chaitanya Prabha</i> , Yoga Consciousness Trust Publications. (in 18 Volumes) • Published continuously during 3 years period in 18 Volumes (18 Papers)	1996-1999
18.	Kundalini Yoga, Peace Magazine, 1990, 62 (6 & 7). Sri Shanti Ashram publications	1990
19.	Yoga Kara Deepika (Book on yoga in Telugu), SYER publications: Visakhapatnam,	2005
20.	Comprehensive Yoga (Book on Yoga in English), SYER publications: Visakhapatnam,	2011
21.	Yoga: A way of Harmonious Living. In Ed. C. Lakshmi, "Social Relevance of Philosophy", D.K. Printworld: Delhi,. ISBN; 8124602042	2002
22.	Kundalini Yoga in the Telugu yoga treatise Sri Sitaramanajaneya Samvadham. In Ed. K. Chenchulakshmi, <i>Yoga: the ancient tradition in the new millennium</i> , 27, 329-344. Ambala: The Associated Publishers. ISBN: 9788184290998	2009
23.	Yogasanas and Surya Namaskaras Charts	2005

I hereby declare that the statements made in this "Resume" are true to the best of my knowledge.

Ch. Sri Krishna
(Dr. Ch. Sri Krishna)