

Department of Physical Education & Sports

(Evaluative Report of the Department)

Name of the University : University of Patanjali

विश्वविद्यालयस्य नाम

Dist : Haridwar

State : Uttarakhand

जनपदम्

राज्यम्

Total Number of Departments in the institution : 09

संस्थायां विद्यमानविभागानां सङ्ख्या

(Report from the year 2016-17 to the year 2020-21

प्रतिवेदनम्..... वर्षतः..... वर्षपर्यन्तम्

Sl. No.	Data of the Department विभागस्य नाम	Dept 1 /विभाग:-1 उदा-वेदः Department of Physical Education & Sports	Dept 2/ विभाग:-2 वेदान्तः	Dept 3/विभाग:-3न्यायः
1	Year of Establishment /स्थापनायाः संवत्सरः	2017		
2	Is the Department part of a School / Faculty of the University विभागः किं कस्याश्चित् अध्ययनशालायाः / कस्यचित् सङ्कायस्य भागः	Yes		
3	Programmes offered प्रचाल्यमानानां पाठ्यक्रमाणां नामानि a. Regular (UG/PG/Research Programs) नियामिताः(स्नातक-स्नातकोत्तर-अनुसन्धानपाठ्यक्रमाः) b. Interdisciplinary/ अन्तःशास्त्रीयम् c. others/ अन्ये	02 U.G. (B.P.E.S.)		
4	Number of teaching posts अध्यापकपदानां सङ्ख्या a. Sanctioned / प्रदत्तानि b. Filled / पूरितानि c. Total Faculty including guest faculties आहत्य अध्यापकाः (अतिथ्यध्यापकसहितम्)	04 04 04		

5	Number of Research Projects: परियोजनानां सङ्ख्या Total grants received/प्राप्तमनुदानम्	NIL		
6	Inter-institutional collaborative projects and associated grants received अन्तःसंस्थासहयोगिपरियोजनाः, तत्र प्राप्तम् अनुदानं च			
	National collaboration/ राष्ट्रस्तरीयसहयोगः	-		
	International collaboration/ अन्तराष्ट्रस्तरीयसहयोगः	-		
	Departmental projects funded by UGC-SAP/CAS,DPE, ICSSR, ICPR etc., : Total grants received	-		
	वि.वि.अ.आयोगप्रभृतिसंस्थाभिः प्राप्तानुदानाः विभागीयपरियोजनाः, लब्धः अनुदानराशिश्च			
7	Special research laboratories/ language labs/ observatory/ gallery/ museum/ yajnashala, yogashala sponsored by/ created by industry or corporate bodies/government/trust and other institutions. उद्यमैः/ औद्योगिकानिकायैः/ सर्वकारेण/ विश्वस्तमण्डल्या/ अन्याभिश्च संस्थाभिः व्यवस्थापिता विशिष्टानुसन्धानप्रयोगशाला/ भाषाप्रयोगशाला/ वेधशाला/ चित्रवीथिका/ पुरातत्त्वसङ्ग्रहालयः/ यज्ञशाला/ योगशाला च।	Amphitheatre, Yoga Hall, Handball, Volley Ball, Football Ground & 400M Track		
8	Publications:/ प्रकाशनानि-			
	Number of Papers published/ प्रकाशितशोधपत्राणां सङ्ख्या	02		
	Number of Books with ISBN/ ISBN -युतानां ग्रन्थानां सङ्ख्या	01		
	Number of Journals with ISSN ISSN -युतानां शोधपत्रिकाणां सङ्ख्या	-		
	Number of Creative writings सर्जनात्मकग्रन्थानां / लेखानां सङ्ख्या	-		
	Number of Text Books पाठ्यपुस्तकसङ्ख्या	-		

9	Number of Patents acquired/Creative writings/ Critical Shastric writings composed in Sanskrit awarded by State and National bodies hitherto unknown manuscripts brought to light through publication during the last five years विगतपञ्चवर्षेषु प्राप्तानां स्वत्त्वाधिकाराणां / सर्जनात्मकलेखानाम् /संस्कृतभाषया लिखितानां विमर्शात्मकशास्त्रीयलेखानां कृते राज्य/ राष्ट्रीयनिकायैः प्राप्तपुरस्काराणाम् सङ्ख्या। अप्रकाशितमातृकाणां/ प्राकाशयमानानां मातृकाणां सङ्ख्या	Nil		
10	Areas of consultancy and income generated from various sources/ परामर्शस्य क्षेत्राणि तथा नानास्रोतोभ्यः अर्जित आयः	Yes (Martial Arts-Taekwondo & Karate, Woodball, Yoga, Weight Lifting) (Honorary)		
11	Number of seminars/workshops/summer schools etc. सङ्गोष्ठीनां/ कार्यशालानां/ ग्रीष्मकालिकाध्ययनशालानां च सङ्ख्या	02		
12	Awards/Recognitions /fellowships/invitations as visiting professors received at the National and International level by : राष्ट्रियस्तरे तथा अन्ताराष्ट्रियस्तरे लब्धानां सहवृत्तीनां/ पुरस्काराणां सूची/ अतिथि-आचार्यरूपेण आह्वानम्			
	Faculty (including guest faculties) अध्यापकैः (अतिथ्यध्यापकसहितम्)	05		
	Doctoral/Post doctoral fellows /research assistants and associates / शोध-शोधोत्तर-गवेषकैः/ शोधसहायकैः/ शोधसहयोगिभिश्च	-		
	Students/ छात्राः	03		
13	How many students have cleared Civil Services and Defense Services examinations, NET, SET (SLET), GATE and other competitive examinations including traditional exams conducted byRecognized Institutions /Trusts/NGO's नागरिकसेवा, रक्षासेवा, नेट्, सेट् (स्लेट्), परीक्षासु तथा अन्यान्य- प्रतियोगितामूलपरीक्षासु कतिच्छात्राः उत्तीर्णाः	Nil		
14	List of doctoral, post-doctoral students and research associates शोध-शोधोत्तर-गवेषकानां शोधसहयोगिनां च सूची			
	From the host institution/university स्वकीयविश्वविद्यालयतः / संस्थातः	-		
	From other institutions/universities इतरविश्वविद्यालयतः / संस्थातः	-		
15	Number of Research Scholars/ Post Graduate students getting financial assistance from the University/State/ Central Governments and NGO's			

	विश्वविद्यालयात् राज्यसर्वकारात् केन्द्रसर्वकाराद्वा प्राप्नुवताम् आर्थिकसाहाय्यं/ शोधच्छात्राणां/स्नातकोत्तरच्छात्राणां सङ्ख्या	NIL		
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Department of Physical Education and Sports

Faculty Profiles

1- Name : Dr. Ram Ji Mishra
Qualification : M.Phil. (Physical Education),
M.P.Ed. ,P.hD., NET, D.Y.Ed, PGDCA,
BJMC, NSNIS Patiyala (weight lifting)
Present Position : Assistant Professor
Teaching and Research Experience (in years):15
Area of Specialization : Sports Psychology, Exercise Physiology



2- Name : Kapil Kumar Sahu
Qualification : M.Phil., M.P.Ed., M.Sc.(Yoga),
M.J.MC, M.A.(Sanskrit)
Present Position : Sports Officer
Teaching and Research Experience (in years):
Teaching : 8
Research : 5
Area of Specialization : Wood Ball International Player& Coach



3- Name : Sandeep Manikpuri
Qualification : B.C.A.,B.P.Ed., Diploma in Acupressure,
M.Sc.(Yoga Science)
Present Position : Physical Instructor& Coordinator
Teaching and Research Experience (in years):
Teaching : 6
Area of Specialization : Taekwondo & Karate (Black Belt – 2 Dan)



4- Name : Bhagirathi
Qualification : B.P. Ed., M.P.Ed., Ph.D.
Present Position : Assistant Professor
Teaching and Research Experience (in years):
Teaching : 02 Years
Research : 01 Years
Area of Specialization : Handball, Cross Country



List of Publications during last 5 years

Journal Artical

1. **SahuKapil Kumar**, YadavJai Shankar; “Effect OfPatanjaliYogic Practices On, Emotional Competence Of Male Archers”; International Journal Of Yoga, Physiotherapy And Physical Education; Volume 5; Page No. 24-26; 2020
2. **SahuKapil Kumar**, YadavJai Shankar; “An Experimental Study On Shooting Ability of Male Archers: With Reference To Specific Yoga Exercises”; International Journal Of Physical Education, Sports And Health; 2020

Book Publications During Last 5 Years

Mishra Dr. Ram Ji

“ShareerikShikshaKePratiVibhinnaVergoKeVidhyarthiyoKeeAbhivirtiyoKaTulnatamAdhayan” **Book**, Shekhar Publication, Prayagraj Uttar Pradesh, Funded By University Grant Commission New Delhi, 2021

List of Award/Recognition received during last 5 years:

BY STUDENTS

1. **Silver Medal** in All India Inter University Yoga (M) Championship in 16th to 19th March 2017, Kurukshetra University.
2. Team Event **Gold Medal** in All India Inter University Woodball (M&W) Championship in 21st to 24th Jan 2019, Kalinga University.
3. Team Event **Gold Medal** in All India Inter University Woodball (M&W) Championship in 4th to 7th Jan 2020, Chandigarh University.

BY FACULTY

Mr. Sandeep Manikpuri

1. The Diploma of **National Referee (Grade – ‘C’)** Regd. No. YFI / NYR / 717 / 2017 organized by Yoga Federation of India. 27th October, 2017
2. **National Referee** The 44th Senior National Yogasana Sports Championship, 09th to 12th November, 2019 organized by Yoga Federation of India.
3. The Diploma of **National Referee (Grade – ‘B’)** Regd. No. YFI / NYR / 717 / 2017 organized by Yoga Federation of India. 11th November, 2019
4. **MARTIAL ARTS PRIDE AWARD** Honored by Indian Complete Sports & Educational Foundation. 29th August 2021.

Dr. Ram Ji Mishra

Excellent Service Award “National online seminar on Tokyo Olympic ki Uplabadihoyekebaadbharatmailhelokabhavishya” Jointly organized by Kulbhaskar ashram P.G. college and Rastriya Khel Uthan Parishad Prayagraj (U.P.) Date 29/08/2021

Conference/Seminar/Workshop attended during last 5 years:

a). National

S No.	Name of Paper Presenter	Topic of Paper	Topic of Seminar & Organizer
1	SahuKapil Kumar (2020)	Patanjali Yogic Exercise, Sport Performance, Archers	National Conference on Cultivating and Learning Process organized by the "Noida College of Physical Education", 20-22 March, 2021
2	SahuKapil Kumar (2020)	Patanjali Yogic Exercise, Sport Performance, Archers	National Seminar on "Physical Education & Sports: Current Status & Future Prospects" organized by the Pt. DeenDayalUpadhyaya Government Girls P.G.CollegeRajajipuram, Lucknow, 16-17 March, 2021
3	Mishra Dr. Ram Ji (2018)	Sharirik shisha avamkhelo me samajshastrakiupyogita	National seminar on various dimension of physical education in the development society Dept. of physical education and sports, A.P.S.U. Rewa (M.P) 17-18 march 2018
4	Mishra Dr. Ram Ji (2018)	YogikAbhayashkakhelo me mahatov	National seminar on various dimension of physical education in the development society Dept. of physical education and sports, A.P.S.U. Rewa (M.P) 17-18 march 2018

b). International

1	Mishra Dr. Ram Ji (2017)	Comparative study of cardio vascular efficiency of division level cricket & kabaddi players.	International congress on sports science and yoga mission Olympic 2017at vigyanbhawan, new Delhi, India, February 2-4-2017 organized by LNIPE Gwalior (M.P)
2	Mishra Dr. Ram Ji (2018)	Poster presntated, Empowering women & girls through sport in india	International congress on sports science and yoga mission Olympic 2017at vigyanbhawan, new Delhi, India, February 2-4-2017 organized by LNIPE Gwalior (M.P)
3	Mishra Dr. Ram Ji (2018)	Role of sports industry for development of university sports	International summit on university industry interface for skill development of youth 25-27 feb-2018, A.P.S. University Rewa (M.P) Dept. Business Administration

Conference/Seminar/Workshop attended during last 5 years:

Dr. RAM JI MISHRA

S No.	Name	Topic	Organizer
1	Online National Workshop One Weak	Contemporary advancements in different games and sports	Dept. of physical education, rani durgavati university JABALPUR M.P.date 01/07 june 2020
2	Online Faculty Development Program	Sports Coaching and sports	Sports Coaching and sports science, swarnim Gujrat sports university, Gandhinagar, Gujrat 23to 29 june 2020
3	Online Faculty Development Program	Research trends in research and applied statistics	Sun rise university alwarrajasthanindia 13 june 2020 to 19june 2020
4	National Webinar (One Day) 2020	Alternative Assessment and evaluation models during covid-19 crisis	Acharya Narendra Dev Nagar Nigam MahilaMahavidyalaya – Harsh nagar, Kanpur. Date 14 th May 2020
5	Online National Webinar (2020)	Coronogenic Imperatives in education for transforming Bharat.	Rewa Engineering college rewa (M.P) date 10 th june 2020.
6	Online National Webinar (2020)	Individual and organizational strategies to deal with stress issues during corona phase.	Dept. of applied psychology Indira Gandhi National Tribal University, Amarkantak M.P date 26 may 2020
7	Online National E-Workshop (2020)	Fundamental of Research when, why and how ?	Faculty of Students welfare & campus placement cell MGHV. Varanasi (U.P) 25 th to 32 may 2021
8	7-Days International Webinar (2020)	Role of alternative and complementary therapies to combat covid-19: An integrative approach.	MGKV Varanasi (U.P) Date 27 th April to 03th May 2020

Mishra Dr. Ram Ji (2020) National Webinar on physical education, yoga and health in present scenario. Organized by dept. of physical education, saraswati college subhasnagar, ambikapur (C.G) as **Eminent Speaker**

Conference/Seminar/Workshop organized during last five years:

1. Organized 11thUttarakhand State Yoga Championships, 15th September, 2019.
2. Organizing committee member “7 Days international yoga webinar on the occasion of international yoga week org. by UiversityOfPatanjaliHaridwarUttarakhand. 15 To 21 June, 2021

Refresher and Orientation done by the faculty

1	Dr. Ram Ji Mishra	Refresher In Research Methods 07/07/2020 To 20/07/2020	UGC HRDC	Mizoram University, Mizoram
2	Dr. Ram Ji Mishra	Orientation Program 28 July to 17 Aug 2020	UGC HRDC	Mizoram University, Mizoram
3	Dr. Ram Ji Mishra	Refresher In Physical Education 06/10/2020 To 19/10/2020	UGC HRDC	LNPIE Gwalior M.P.
4	Dr. Ram Ji Mishra	6 Weeks Certificate Course in Sports Coaching-Weightlifting 01/07/2021 To 18/08/2021	Sports Authority India	NS NIS Patiyala, Punjab