

1.3.2 Percentage of courses which are offered as trans-disciplinary electives during the last five years (excluding repeat count)

Academic Year	Yoga as trans-disciplinary course/s offered	Number of the Students enrolled under each trans-disciplinary course
2017-2018	50	184
2018-2019		304
2019-2020		278
2020-2021		364
2021-2022		542

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**Enclosure 1.3.2 Yoga as a trans-disciplinary courses offered in the last five years  
(2017-2022)**

<b>BPES</b>			
<b>Code</b>	<b>Semester</b>	<b>Title</b>	<b>Credit</b>
BPES-CC-P-103	I	Yoga Practicum - I	Non-Credit
BPES-MIL-101	I	Sanskritam - I	4
BPES-CC-P-203	II	Yoga Practicum - II	Non-Credit
BPES-CC-P-303	III	Yoga Practicum - III	Non-Credit
BPES-CC-P-403	IV	Yoga Practicum - IV	Non-Credit
BPES-CC-P-503	V	Yoga Practicum - V	Non-Credit
BPES-GE-501	V	Indian Philosophy and Culture/ Ancient Indian Social Life and Institutions	6
BPES-GE-601/602	VI	Shrimad Bhagvat Gita Bodh/Ancient Indian Religion	6
BPES-CC-P-602	VI	Yoga Practicum - VI	Non-Credit
<b>B. Sc. (Hons.) Biological Science</b>			
<b>Code</b>	<b>Semester</b>	<b>Title</b>	<b>Credit</b>
BSHB-GE-101	I	Fundamental of Yoga and Ayurveda	4
BSHB-GE-102	II	Indian Culture - Introduction to Shrimad Bhagwat Gita	4
<b>B. Sc. Microbiology</b>			
<b>Code</b>	<b>Semester</b>	<b>Title</b>	<b>Credit</b>
BSCM-GE-501	V	Fundamental of Yoga and Ayurveda	4
<b>B.A. Sanskrit Vyakaran</b>			
<b>Code</b>	<b>Semester</b>	<b>Title</b>	<b>Credit</b>
BS-SEC1-305	III	Yog	Non- Credit
<b>B.A. Darshan (Hons.)</b>			
<b>Code</b>	<b>Semester</b>	<b>Title</b>	<b>Credit</b>
BD-CC-101	I	Yog Darshan	6
BD-SEC-101	I	Yoga Practicum	2
BD-SEC-301	III	Yoga Practicum	2
BD-SEC-501	V	Yoga Practicum	2
<b>BNYS</b>			
<b>Code</b>	<b>Semester</b>	<b>Title</b>	<b>Credit</b>
BNYS-T-105	I	Principles of Yoga	
BNYS-P-105	I	Principles of Yoga-Practical	

BNYS-T-204	II	Yoga Philosophy	
BNYS-P-204	II	Yoga Philosophy-Practical	
BNYS-T-303	III	Yoga Biomechanics & Application	
BNYS-P-303	III	Yoga Biomechanics & Application-Practical	
BNYS-T-405	IV	Yoga Therapy	
BNYS-P-405	IV	Yoga Therapy-Practical	

**M.A. Psychology**

Code	Semester	Title	Credit
MPs-CT-104	I	Science of Yoga Principles and Applications	4
MPs-GE-206	II	Yoga, Health & Tourism	4
MPs-DSE-306	III	Yoga, Ayurveda and Mental Health	4

**M.A. Travel and Tourism Management**

Code	Semester	Title	Credit
MTTM-GE-106A	I	Patanjali Yog Darshan	4
MTTM-GE-106B	I	Fundamentals of Yoga	4
MTTM-GE-206A	II	Principles of Hatha Yoga	4
MTTM-GE-206B	II	Yoga Psychology	4

**M.Sc. Bio Chemistry**

Code	Semester	Title	Credit
MSBC-GE-201	II	Fundamental of Yoga and Ayurveda	2

**M.A. Sanskrit Literature**

Code	Semester	Title	Credit
MS-SEC1-206	II	Yog Vigyanam	2

**M.A. Sanskrit Vyakarnam**

Code	Semester	Title	Credit
MSV-SEC1-206	II	Yog Vigyanam	2

**M.A. Darshan**

Code	Semester	Title	Credit
MD-AEC01-205	II	Yog Vigyan	10
MD-CT-301	III	Sankhya Yog- 3	5
MD-CT-401	IV	Sankhya Yog- 4	5

**PGD in Yoga Health and Cultural Tourism**

Code	Semester	Title	Credit
YH-101	I	Fundamental of Yoga	
YH-102	I	Theory of Hatha Yoga	
YH-105	I	Practical Yoga	
YH-201	II	Patanjali Yog Darshan	
YH-202	II	Yoga Therapy	

