UNIVERSITY OF PATANJALI

HARIDWAR

OPEN DISTANCE LEARNING (ODL)

Academic Session (2026-2027)

Open Distance Learning Program - At a glance

दूरस्थ शिक्षा कार्यक्रम - एक विहंगम दृष्टि

JOIN NOW

Contact for more information -7217035962, 9997011072

UNIVERSITY OF PATANJALI, HARIDWAR
(Centre for Distance and Online Education)

Background: University of Patanjali was established in year 2006 under section 2 (f) of UGC act 1956. The University is aimed to impart quality education on Yoga to people of India, **UGC vide its office order no. File No:8-14/2025 (DEB-NR), dated 12/08/2025** accorded approval to the University of Patanjali to start Open Distance Learning Courses to Citizens of India (for all age groups) to make the people educated, healthy and self-reliant. Therefore University of Patanjali has started Distance Learning programs initially pertaining to yoga, w.e.f. 12th August 2025. In forthcoming sessions w.e.f. July 1st, 2026, courses on Sanskrit and Darshan are also likely to be launched.

University of Patanjali
CDOE

PROGRAMMES OFFERED

Learn Yoga. Live Yoga. Lead the World.

B.A. YOGA SCIENCE

Duration: 3 Years (6 Semesters)

Eligibility: 10+2 or equivalent with minimum two months Yoga Certificate*

PROGRAMME OBJECTIVES

- Develop understanding of Yoga Philosophy
- Learn Human Anatomy and Physiology
- Study Traditional Yoga Texts
- Understand Modern Yoga Applications
- Develop practical teaching skills

CAREER OPPORTUNITIES

- Yoga Instructor
- Wellness Coach
- School Yoga Teacher
- Yoga Therapist Assistant
- Government Yoga Projects

M.A. YOGA SCIENCE

Duration: 2 Years (4 Semesters)

Eligibility: Graduation in any discipline with minimum two months Yoga Certificate*

PROGRAMME OBJECTIVES

- Advanced Yogic Studies
- Yoga Philosophy
- Meditation Sciences
- Research Methodology
- Teaching and Academic Excellence

CAREER OPPORTUNITIES

- Yoga Faculty
- Yoga Consultant
- Research Scholar
- Wellness Expert
- Academic Administrator

M.Sc. YOGA SCIENCE

Duration: 2 Years (4 Semesters)

Eligibility: Graduation with science background with minimum two months Yoga Certificate*

PROGRAMME OBJECTIVES

- Scientific Study of Yoga
- Human Physiology
- Biomechanics
- Research in Yoga Therapy
- Clinical Applications

CAREER OPPORTUNITIES

- Research Scientist
- Yoga Therapist
- Hospital Wellness Consultant
- Clinical Yoga Expert
- Ph.D. Aspirant

WHY CHOOSE UNIVERSITY OF PATANJALI CDOE?

- UGC-DEB Approved ODL Programmes
- Self Learning Material (SLM)
- Online Learning Support
- Experienced Faculty
- Practical-Oriented Curriculum
- Affordable Fee Structure
- Student Support Services
- Flexible Learning Environment
- Career-Oriented Yoga Education

* Contact Dy. Registrar, CDOE (Ph: 7217035962)

TEACHING METHODOLOGY

Students receive

- Self-Learning Material by Post
- Online Academic Support
- Audio-Visual Learning Resources
- Practical Sessions
- Assignments
- Contact Classes

MANDATORY CONTACT PROGRAMME

Every semester includes compulsory contact classes of 7–15 days.
Activities include

- Practical Training
- Laboratory Work
- Skill Development
- Viva
- Semester End Examination
- Attendance is mandatory.

EXAMINATION SYSTEM

- Continuous Assessment
- Assignments
- Theory Classes
- Practical Sessions
- Viva Voce
- Minimum Passing Criteria
- Semester End Examination – 33%
- Overall Aggregate (Internal + External) – 45%

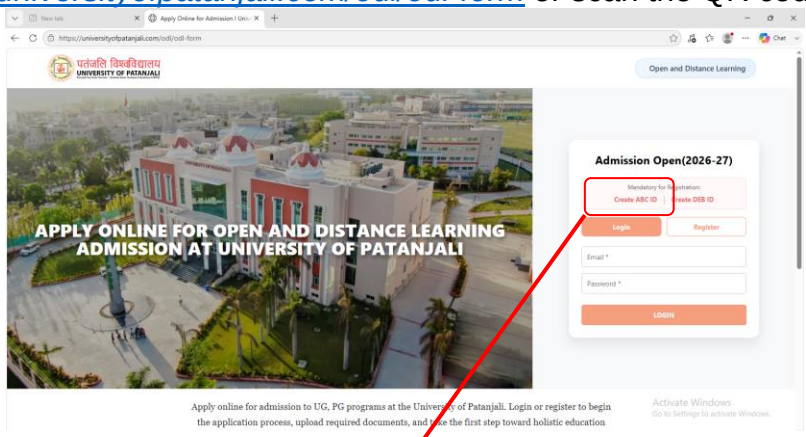
DOCUMENTS REQUIRED

- Class X Certificate
- Class XII Certificate
- Graduation Certificate (For PG Programmes)
- Aadhaar Card
- Passport Size Photographs
- Two Months Yoga Certificate (to be procured from any yoga studio)

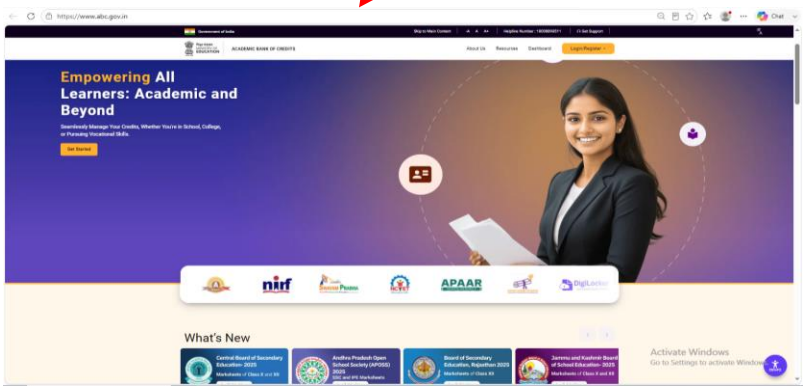
ADMISSION PROCEDURE

Step 1: Visit the University Admission Portal.

(Refer website https://universityofpatanjali.com/odl/odl-form or scan the QR code given in cover page)

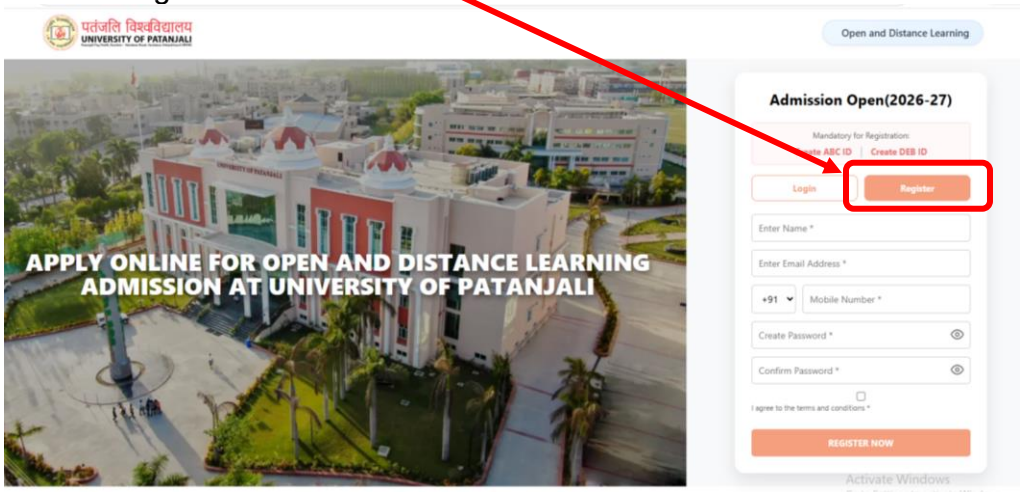


Step 2: Create DEB ID. **



Step 3: Complete Online Registration.

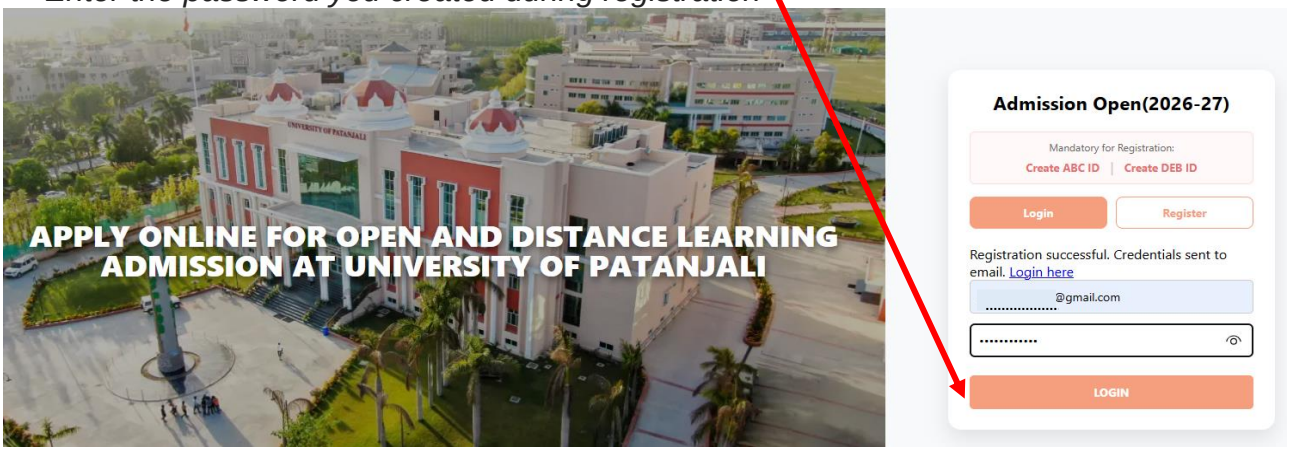
- *Go Back to website* https://universityofpatanjali.com/odl/odl-form or scan the QR code given in cover page
- Enter the **details** to register.



**For any assistance, call 9997011072

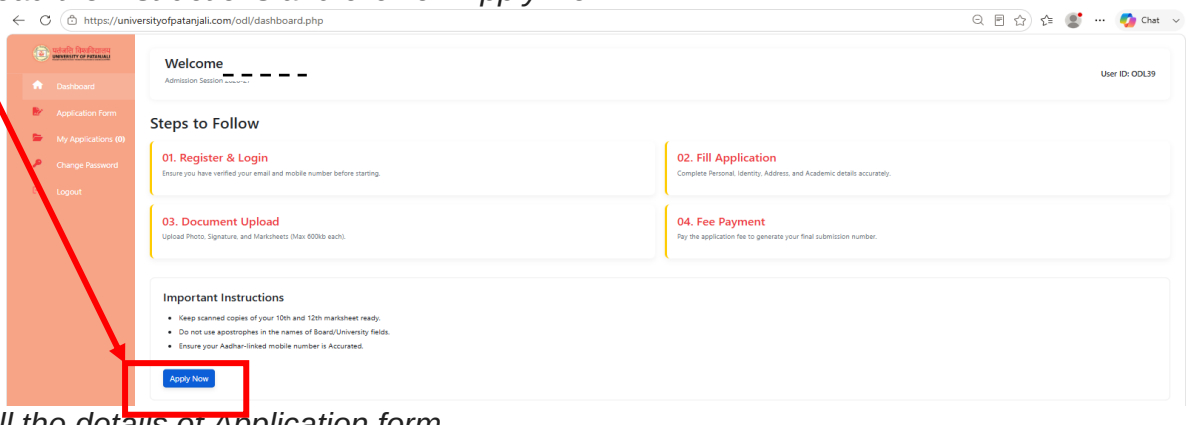
Step 4: Login after completion of registration.

- *Fill your email id through which you registered*
- *Enter the password you created during registration*

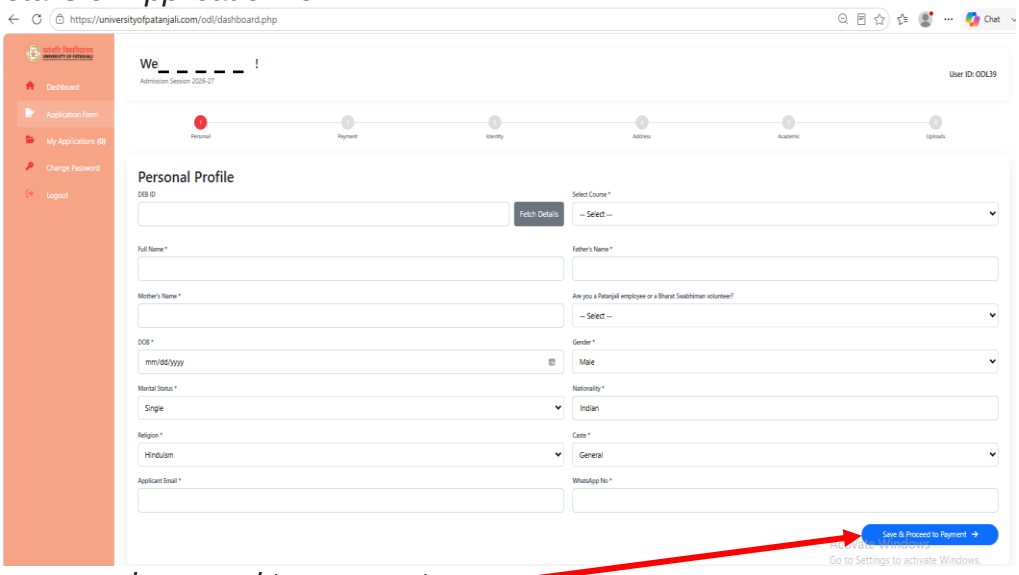


Step 5: Apply Now.

1. *Read the instructions and click on Apply Now*

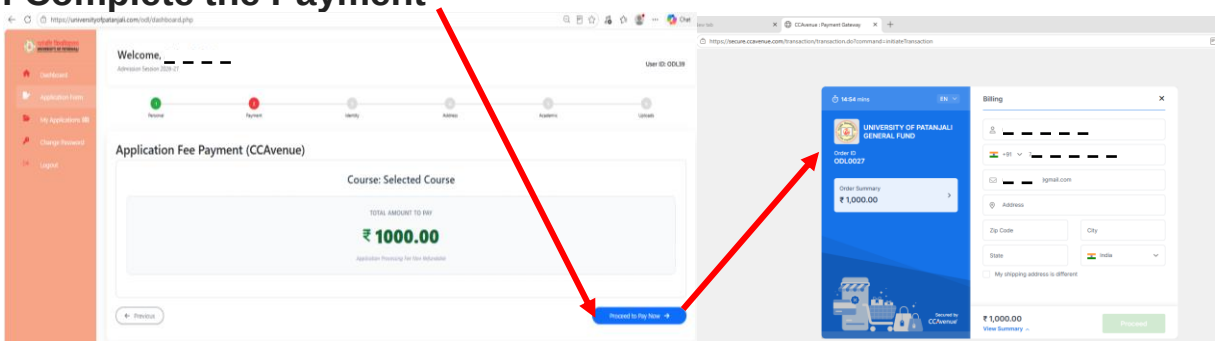


2. *Fill the details of Application form*



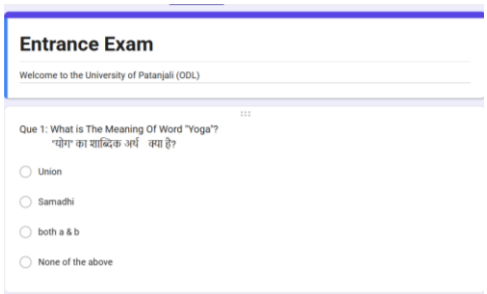
3. *Click on save and proceed to payment*

Step 6: Complete the Payment



- *Fill details and complete the registration by paying registration fees of 1000 Rs. (non - Refundable)*
- *You will be added in the WhatsApp Group For commencement of Entrance Exam*

Step 7: Appear in Entrance Examination.



Step 8: Pay Admission Fee as per following Table:

- *After passing the entrance exam submit your First Semester Fees (or full course fee) including Study Material*

Fee Structure (Indicative for Undergraduate Course i.e. B.A. YOGA SCIENCE)

Particulars	Amount (₹)
Registration Fee (Non-refundable)	1,000/- ***(not included in the full course fee)***
Per Semester Fee	7,500/-
Study Material and Counselling Fee	11,000/-
First Semester Fee (including Study Material and Counselling)	**18,500/-**
Second Semester Fee	7,500/-
Third Semester Fee	7,500/-
Fourth Semester Fee	7,500/-
Fifth Semester Fee	7,500/-
Sixth Semester Fee	7,500/-
Full Course Fee (Three Years)	**56,000/-**

Fee Structure (Indicative for Postgraduate Courses i.e. M.A. YOGA SCIENCE & M.Sc. YOGA SCIENCE)

Particulars	Amount (₹)
Registration Fee (Non-refundable)	1,000/- ***(not included in the full course fee)***
Per Semester Fee	13,500/-
Study Material and Counselling Fee	10,000/-
First Semester Fee (including Study Material and Counselling)	**23,500/-**
Second Semester Fee	13,500/-
Third Semester Fee	13,500/-
Fourth Semester Fee	13,500/-
Full Course Fee (Three Years)	**64,000/-**

Step 9: Confirmation of Admission.

- *After completion you'll get the admission confirmation through the mail*
- *You'll be added in the official group of your class*

COUNSELLING SUPPORT

- Students will receive regular counselling and academic guidance from a team of expert counsellors and faculty members.
- Counselling sessions will be conducted before the commencement of the course and throughout the duration of the programme.
- The counsellors will be drawn from IITs and other reputed organizations.

RULES AND REGULATIONS FOR ODL PROGRAM

The Open and Distance Learning (ODL) Program is designed to provide flexible learning opportunities while maintaining academic standards and discipline. All enrolled learners are required to adhere to the following rules and regulations:

A. General Rules

- Admission to the ODL program is subject to eligibility criteria prescribed by the University and UGC.
- All candidates must enroll through the Distance Education Bureau (DEB) ID.
- All candidates must submit their 10th certificate, 12th certificate, graduation certificate (if applicable), Aadhar Card and Passport Size Photos along with their Registration Form.
- Students must complete the registration process, including payment of prescribed fees, within the stipulated timeline.
- All students must have a minimum of two months Yoga Certificate or equivalent.
- All students must clear an entrance exam based on the elementary knowledge of Yoga & history conducted by the CDOE, University of Patanjali in online mode.
- All official communication will be made through the University website and registered email ID. Students must regularly check updates.

B. Academic Structure

- Each semester will include both self-paced learning (through study material, e-content, and online sessions) and face-to-face mandatory classes.
- **Mandatory Contact Program:**
  - A minimum of **7-15 days of contact classes in each semester** is compulsory. CDOE, University of Patanjali shall guide you about it.
  - During this period, **practical sessions, skill-based training and examinations** will be conducted.
  - Attendance in these contact classes is mandatory to become eligible for appearing in final examinations.

- Learners must complete all assignments, projects, and practical work as per schedule. Non-submission may lead to delay in final results.

C. Examination and Assessment

- Continuous Assessment (CA) will be done through assignments.
- End-semester examinations will include theory, practical, and/or viva-voce components as per the course requirements.
- To successfully complete the programme, a student must obtain at least 33% marks in the Semester End Examination (SEE) and secure an overall aggregate of 45%.
- Any form of malpractice during exams will lead to immediate disqualification.

D. Code of Conduct

- Students must maintain discipline and decorum during online/offline sessions.
- Any misconduct towards faculty, staff or peers will invite strict disciplinary action, including suspension or termination.

E. Fees

- Program fees must be paid as per the prescribed schedule.
- Delay in fee payment may lead to cancellation of admission or withholding of examination results.

F. Certification and Completion

All registered students will be awarded the degree only after successful completion of:

- All semesters,
- Mandatory contact classes in each semester
- Practical work and assignments, and
- End-semester examinations.

G. Force Majeure

The ODL program shall be managed by Academic Council & Board of Management of University of Patanjali. In case of any disputes, the decision of Vice-Chancellor shall be final & binding. All legal proceedings, if any, shall be settled within Nainital High court jurisdiction.