

INSTITUTIONAL DISTINCTIVENESS

Considerable numbers of Universities are operational in the country at present but University of Patanjali envisioned by the Chancellor Yogrishi Swami Ramdev Ji is distinct and ample in terms of teaching-learning and ambience. Indeed, it is an integral center of educational excellence. Everyone gets thrilled by its vibrant, grand and mannered teaching-learning environment. This University is globally recognized as a research and teaching platform to offer formal courses on Yoga, Ayurveda, Vedas, Sanskrit grammar and Upanishads, Bachelor of Naturopathy and Yoga Science (BNYS) and ancient knowledge of Vedic culture & attributes along with informal courses on health promotion, disease prevention and healing, etc. Existing Vedic and yogic lifestyle, integral curricula as a blend of knowledge, wisdom and social environment of mutual respect & care makes it different from other Universities.

This University is not established just to produce degree holders but to prioritize more on awakening of hidden potentials of learners to make them holistically developed, professionally competent and socially empathetic to compete in global market. This university serves as a temple of yoga, vibrant center of education and transformer of personality to produce youth with homogenous feeling, thinking and doing with highest psycho-immunity, learning attitude, discipline and natural lifestyles. All functional courses of the University Yoga, Psychology, Philosophy, BNYS, Tourism, History, Physical Education, Indian cultural music with Linguistics (Sanskrit and English) also cover the teachings on optimal thinking, insightful learning, behavioral moderation, creativity and innovation to cope with contemporary issues.

The main goal of Patanjali Yogpeeth, the mother organization of the university is to build up YOGMAY BHARAT and YOGMAY VISHVA for holistic health, universal piece of the people and to fill the world with divinity, dignity and prosperity. The University of Patanjali is playing a big role in this direction under the divine leadership of representative of '*Rishi* (sage) culture'- Param Shraddheya Swami Ramdev Ji, Param Pujya Acharya Shree Balkrishan Ji Maharaj and great scholar of Vedas respected Pro Vice Chancellor Prof. Mahavir Agarwal Ji.

DISTINCTIVE FEATURES OF UNIVERSITY OF PATANJALI

1. YOGA EDUCATION & RESEARCH:

University of Patanjali contributes not merely in yoga education & research rather aims at establishment, investigation and providing scientific basis for the knowledge advanced by the ancient Indian sages and a firm foundation of the same in the emerging field.

Our endeavour is to provide a working-learning environment with world class working environment in which faculty, staff and students are able to realize full potential for their professional and intellectual development. Knowledge and skills acquired in the university are helpful for students in their career, health and wellness of their families, society and humanity.

Being one of the leading Yoga universities in the country, the students from different states are admitted in various disciplines for graduate, post graduate, doctorate and D.Litt. programmes.

2. FOCUS ON SWADHYAYA:

Swadhyaya is a process of Self-study or self-introspection/ self-discipline. Through regular self-introspection, a person is able to know his/her positive traits (strength of the personality) and negative traits (weakness of the personality). In this University, the students are motivated by their teachers to do this specific task on regular basis. Following such a practice regularly, it develops right understanding (*Vivek*) in a student. Through this trait, anyone can differentiate between right and wrong, further good and the best easily, and can plan accordingly. In each course of the university, 30 percent of the marks have been put up for remembering of the ancient and basic texts (Shashtra Smaran through basic books) so that students can have basic knowledge and wisdom of ancient texts/ events.

3. DAILY YAJNA AND YOGA: TWO KEY PRACTICES

Our Indian Culture is based on *Yajna* and Yoga. Yoga teaches us Excellence in action and Equilibrium in each state (*Samatvam*). These practices develop

moral/ethical values among students and university staff as well. The students and staff members of the university are practicing yoga in terms of physical postures (*asana*), breathing practices (*pranayama*) and meditative practices (*dhyana*) on regular basis. They perform and witness *Yajna* too in the *Yajnashala* located in the University hostel. As per research based evidence, both practices are important to achieve psycho-physiological health.

The university campus has a practice of performing the fire ceremony (Yajna) every morning, which witnesses participation from both students and staff members. It has a positive impact on the environment, and therapeutic effect on the body and mind has been scientifically validated. This creates a subtle environment of cooperation, trust, kindness and overall adjustment.

These practices help to elevate the collective consciousness of the participants and create a tranquil environment. In recent years, the students have been trained for conducting daily Yajna, keeping both the ritual and the philosophical aspects behind it. In recent years, the scholars of the university have published scientific papers in well known world class journals.

4. EMPLOYABILITY

Moreover, along with the education and training, University of Patanjali and other Patanjali institutions have employed the students in a big number after the completion of their education. Many alumni of this esteemed University have had established their own yoga and naturopathy centers.

In the procedure of skill development training, UoP train the students to practice organic farming, zero budget agriculture and manufacturing of goenyl, soap, feeders for animals, supplements and medicine and to make earthen pots. They are trained in such a way that if anyone is interested in the business of Gram Udyog (village industry) and Laghu Udyog (small scale industry), he/ she can establish, manage and run successfully.

The students of the university receive glimpses about the evidence based facts, protocols, procedure of research papers, formulations, research and manufacturing of drugs and medicines during their studies with the help of Patanjali Research Institute

in accordance with the University. In the pandemic period, 70 passed out students have been placed at Yog Gram, a unit of Patanjali organization.

5. SUPPORT FOR LIVELIHOOD

Scholarship and fee exemption on the academic ground are awarded to the students. A helping hand is provided towards the students coming from a weak economic background by concession of the fees. Besides other places/ institutions, many students get employed with dignity in our institution after the completion of their respective courses. During the last five years, approx 400 students got job in different sectors such as health, education etc.

OTHER DISTINCTIVE FEATURES OF THE UNIV. OF PATANJALI

It is worth mentioning here that the ambition of University of Patanjali is to equip the students with the education of Yoga & Vedas and Integration of Vedas & Vedic Knowledge into Modern Science in order to make them great world citizens by imparting education in various arenas, upgrading their skills, improving personality, developing positive leadership and divine characters that can play an important role in the development of the Nation and the World.

DISTINCTIVE FEATURES:

1. University Publications

Students are motivated and enabled them to represent their creative writings through in-house publications. A brief description of some of the new initiatives started a few years ago is as follows:

2. Publication of Rare Manuscripts

Publication of rare manuscripts is being done by the Research Cell of the University. There are thousands of published and unpublished manuscripts in the University Library.

3. Quarterly Magazine – ‘*Patanjali Vishwavidhyalaya Prabha*’

Above mentioned quarterly magazine of the university covers artistic, scientific, linguistic, ecological, social, cultural and philosophical writings of students, teachers and non- teaching staff. In each issue of the magazine, a guest article by the eminent expert in the field of yoga, research, health, ayurveda, life management etc. is invited and published. The importance of the magazine enhanced by having inspiration from the Revered Chancellor and Respected Vice Chancellor of the University who themselves are eminent writers’ with more than 200 published books, translation of ancient Indian Literature such as Yog Darshan, Geeta etc. and, more than a hundred evidence based research publications.

4. Patanjali Kala Sangam

Patanjali Kala Sangam is established to promote Indian Cultural Heritage and holistic development of the students. It gives a platform to the students to showcase their artistic abilities which are broadcasted on various international channels such as Astha, Sanskar, Vedic, Satsang, Shraddha, Arihant and others. The students also keep receiving guidance from the renowned international poet of Veer Ras, Hon'ble Member of Board of Management of the University of Patanjali Dr. Hari Om Panwar and other well-known National and International artists.

5. Moral Cultivation

Quality education based on morals and ethics is emphasized at the University. Students are groomed through Vedic tradition, Rishikul culture, nationalism and humanity with an insight of modernization and recent developments in each domain.

6. Holistic Personality Development

Students practice Sanskrit discourse under the guidance of experts. Students are promoted to develop their own knowledge, culture, history and self-esteem through tours to various religious- historical places, educational institutes and other institutes of Patanjali Yogpeeth. Specified texts- Vedas, Vyakaran, Darshan, Upanishads, Geeta, Gherand- Samhita, Hathyogpradipika etc are to be memorized as per interest and calibre. Institute organizes an annual competition for the recitation to memorize

Shashtras etc. The successful students are awarded a cash prize ranging from Rs. 1000/- (One Thousand) to 1,00,000/- (One Lakh).

7. Focus on human Excellence

Everyone wants to achieve their ultimate goals, wishes to solve their problems quickly, to hit their target in efficient manner etc. but, very few of them receive proper guidance and training. In this regard, the University of Patanjali (UoP) is unique in comparison to the other University/academic institutions. The Chancellor of UoP His Holiness Swami Ramdevji and the Vice Chancellor Respected Acharya Balkrishnaji always inspire and accelerate the students and teaching/non-teaching staff members from speeches (*Udbodhan*). They always focus on the holistic development of personality using following golden tips:

- Ultimate Determination (*Vikalp Rahit Sankalp*)
- Intense Spontaneous Effort (*Akhand Prachand Purushartha*)
- Inclusive vision and action
- Regular Practice
- Time management
- Efficient functioning
- Self-competition
- Self-discipline

The Vice Chancellor of UoP Respected Acharyaji always says that ‘Our life is like a seed’ so ‘as you sow so shall you reap’.

Apart from this, the University invites well known experts from in and out of the University campus, Scholars and Saints from the mother organization “Patanjali Yogpeeth Trust” and other institutions time to time for the overall development of the students’.

8. Spiritual Initiation

To develop generosity, skills, hard-working and self-dependent, various projects such as cleaning of the surroundings, gardening, organizing yoga camp etc. are conducted by the University. Students get an opportunity to learn from sages, saints,

great scholars, intellectuals under the guidance of Yog Rishi Swami Ramdev Maharaj Ji.

9. Activities for Awareness

The students are trained and educated to be aware of natural and satvik diet, social, economical, domestic, regional, political and cultural matters. Awareness towards every aspect of the society is must. The students of the university advocated for and two prominent elements that should be kept in the mind perspective that is kindness to all and concrete principle in every way.

The students are coined internally on one side with gallantry, chivalry, courage, stability, cohesion and on the other side immense affection, love, sympathy, appreciation. This University prepares the students to be an aware, divine, spiritual, eligible world citizen with divine character and personality as well who are content with dynamic splendour.

10. Skill development

Skill development of a student is provided through various modes and institutes owned by the Organization such as Patanjali Gram Udyog, Patanjali Ayurveda, Patanjali Research Institute, Organic Farm, Goshala, Yoga-gram, Niramayam, Vedalife and collaborations through many MOUs (Memorandum of Understanding) with the institutions/companies to train the students irrespective of gender.

The students are sent to the world largest food park situated in Padartha village, Haridwar, world class naturopathy centre, Yog Gram to train them in related skill development. The Students of the University participate in the Yoga Competition that is held nationally by the Honourable Prime Minister and internationally in Las Vegas.

11. Sports Activities

Various indoor & outdoor sports facilities such as- Kho-Kho, Kabaddi, Volleyball, Football, Handball, Badminton, Cricket, Wood-Ball, Archery, Table Tennis, Wrestling, Chess, Gymnastic, Mallkhambh, Athletics etc. are available in the University. The students practice in proper guidance of the Gold medallist expert coaches.

12. Welfare Schemes and Programs

The National Service Scheme (NSS) is an Indian public service program of Government under the Ministry of Youth Affairs and Sports of the Government of India. It aims at development of student's personality through community service. Various activities like blood donation camp, awareness rally about healthy India, green India, skill India, women self-defence and environment protection are being run under NSS in University of Patanjali. The prime motto of the scheme is to learn 'Not Me but You.'

13. Research and innovation

Our revered Chancellor and Vice Chancellor themselves are very keen in research and innovations. For this purpose, Patanjali Research Institute and Patanjali Research Foundation were established. We have patented 29 innovations related to Yoga, Ayurveda medicines and various food products under Indian Patent Act.